

# Stayin'Alive AB (Absolute Beginner)

**COPPER** **KNOB**  
BYEPOSTHEAT

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Marylène Bocquet (FR) - October 2016

Musik: Stayin' Alive - Julian Perretta, Francesco Yates & Måns Zelmerlöw : (From Saturday Night Fever)



**#16 counts Intro - NO TAG NO RESTART**

**Dance written for BOUFFERE FESTIVAL (France) 5 & 6 November 2016 for absolute beginners dancers**

**This dance version exists as a beginner/improver level dance. It is called STAYIN' ALIVE**

## **Section 1: DIAGONAL TOUCH- x 2, WALK BACK R-L-R-L**

- 1 - 2 Step right foot diagonally forward Touch left close to right facing
- 3 - 4 Step left foot diagonally forward, Touch right close to left
- 5 - 6 Walk back on right foot, Walk back on left foot,
- 7 - 8 Walk back on right foot, Walk back on left foot,

## **Section 2: MODIFIED RUMBA,**

- 1 - 2 Step right foot to right side, Step left foot beside right,
- 3 - 4 Step right forward, Touch left close to right
- 5 - 6 Step left foot to left side, Step right foot beside left,
- 7 - 8 Step left forward, Touch right close to left

## **Section 3: SIDE TOGETHER SIDE TOUCH , SIDE TOGETHER ¼ TURN LEFT TOUCH**

- 1 - 2 Step right foot to right side, Step left beside right,
- 3 - 4 Step right foot to right side, Step left foot close to right
- 5 - 6 Step left to left side, Step right beside left
- 7 - 8 Step left to left side, ¼ turn left touch right close to left (Weight on left) 9:00

## **Section 4: OUT, OUT, IN, IN, STOMP x2, BUMP HIPS L-R-L**

- 1 - 2 Step right to right diagonal, Step left to left diagonal, (Feet apart)
- 3 - 4 Step right back in place, Step left back in place, (Feet together)
- 5 - 6 Stomp right foot to right, Stomp left foot to left (Feet apart)
- 7&8 Bump hips Left, Right, Left (Weight on left)

**A big thank you to my friend Greg, who does the English translations for all my dances.**

**DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!**

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