

Old Mountain Dew

Count: 32

Wand: 4

Ebene: Novice

Choreograf/in: Jan Van Tiggelen (NL) - November 2016

Musik: Mountain Dew "by" Aslak Gjennestad



Intro: 32 Counts from the hard beat

S1. Side Together, Chassé, Side Together, Shuffle Backwards.

1-2 RF. Step to R side - LF. Step together
3&4 RF. Step to R side - LF. Step together - RF. Step R to R side
5-6 LF. Step to L side - RF. Step together ***END****
7&8 LF. Step back - RF. Step together - LF. Step back

S2. Out Out, Behind-Side-Cross, Side Rock, Recover, Sailor 1/4 Turn L

1-2 RF. Step diagonal R back / out - LF. Step diagonal L back / out
3&4 RF. Cross behind LF - LF. Step to L side - RF. Cross over LF
5-6 LF. Rock to L side - RF. Recover
7&8 LF. Sweep and cross behind RF with 1/4 turn L - RF. Step to R side - LF. Step to L side (9)

S3. Cross Rock, Recover, Chassé 1/4 Turn R, Pivot 1/2 Turn R, Step Lock Step fwd.

1-2 RF. Cross rock over LF - LF. Recover
3&4 RF. Step to R side - LF. Step together - RF. 1/4 turn R step forward (12)
5-6 LF. Step forward - 1/2 Turn R (6)
7&8 LF. Step forward - RF. Lock behind LF - LF. Step forward

S4:Rock, Recover, Coaster Step bwd, Skate, Skate, 1/4 Turn L Shuffle

1-2 RF. Rock forward - LF. Recover
3&4 RF. Step back - LF. Step together - RF. Step forward
5-6 LF. Skate diagonal forward - RF. Skate diagonal forward
7&8 LF. 1/4 Turn L step forward - RF. Step together - LF. Step forward (3)

Start Again

ENDING: (3) Dance wall 10 up to count 6 of block 1, Do than

7&8 LF. Sweep 1/4 turn L and cross behind RF - RF. Step to R side - LF. Step to L side (12)

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