

# Circle of Life

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wand: 1

Ebene: Intermediate - Circle

Choreograf/in: Cody Flowers (USA) - September 2016

Musik: Circle of Life - Carmen Twillie & Lebo M



Count In: 4 Counts after the beat starts (Approx. 28 seconds into song)

Notes: Circle dance that begins facing the inside of the circle. 12:00 is always facing inside the circle, and 6:00 is always facing outside the circle.

## [1-9] Step-Sweep, Cross- $\frac{1}{4}$ - $\frac{1}{4}$ , Behind-Side-Cross, $\frac{1}{4}$ , $\frac{1}{2}$ , Run, Run, Run

- 1 2&3 Forward on LF sweeping RF back to front, Cross RF over LF stepping down,  $\frac{1}{4}$  Turn R stepping back on LF,  $\frac{1}{4}$  Turn R stepping RF to R - 6:00
- 4&5 Step LF behind RF, Step RF to R, Cross LF over RF 6:00
- 6 7  $\frac{1}{4}$  Turn left stepping back on RF,  $\frac{1}{2}$  Turn left stepping forward on LF 9:00
- 8&1 Forward on RF, Forward on LF, Forward on RF 9:00

## [10-17] Pivot $\frac{1}{2}$ , $\frac{1}{4}$ , Behind, Rock-Recover, Behind, $\frac{1}{4}$ , Step, $\frac{3}{4}$ , Rock

- 2 3 Pivot  $\frac{1}{2}$  Turn over left shoulder stepping forward on LF,  $\frac{1}{4}$  Turn left stepping RF to right-12:00
- 4&5 Step LF behind RF, Rock RF to right side, Recover weight on LF - 12:00
- 6 7 Step RF behind LF,  $\frac{1}{4}$  Turn left stepping LF forward - 9:00
- 8&1 Forward on RF, Pivot  $\frac{3}{4}$  Turn left putting weight down on LF, Rock forward on RF-12:00

## [18-25] Recover, $\frac{1}{4}$ , Coaster, Chase $\frac{1}{2}$ , $\frac{1}{2}$ , $\frac{1}{2}$ , $\frac{1}{4}$

- 2 3 Recover weight on LF,  $\frac{1}{4}$  Turn right stepping back on RF - 3:00
- 4&5 Step back on LF, Step RF beside LF, Step LF forward - 3:00
- 6&7 Step forward on RF,  $\frac{1}{2}$  Turn left stepping LF beside RF, Step forward on RF - 9:00
- 8&1  $\frac{1}{2}$  Turn right stepping back on LF,  $\frac{1}{2}$  Turn right stepping forward on RF,  $\frac{1}{4}$  Turn right stepping LF to left - 12:00

## [26-32] Rock-Recover-Side, Rock-Recover-Forward, Rock-Recover- $\frac{1}{2}$ , Chase $\frac{1}{2}$

- 2&3 Rock RF behind LF, Recover weight on LF, Step RF to right 12:00
- 4&5 Rock LF behind RF, Recover weight on RF, Step LF forward 12:00
- 6&7 Rock forward on RF, Recover weight on LF,  $\frac{1}{2}$  Turn right stepping forward RF 6:00
- 8&1 Step forward on LF,  $\frac{1}{2}$  Turn right stepping RF beside LF, Forward on LF sweeping RF back to front to begin the dance again! - 12:00

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