

Living

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Jessica van Ostaeyen (DE) - November 2016

Musik: Living - Bakermat & Alex Clare



Start after 8 counts (4 secs – just before lyrics!)

[1-8] Shuffle Back R, Rock Back L, Shuffle Fwd L, Step 3/4 Turn Left

- 1&2 Step back on right foot, close left foot besides right, step back on right foot
- 3-4 Rock back with left foot, recover on right foot
- 5&6 Step forward on left foot, close right foot besides left, step forward on left foot
- 7-8 Step forward on right, pivot $\frac{3}{4}$ turn left (weight on left, 9:00)

[9-16] Side Shuffle R, Rock Back L, Point L, Hold, Point R, Hold

- 1&2 Step right to right, close left foot besides right, step right to right
- 3-4 Rock back with left foot, recover on right foot
- 5-6 Point left foot to left, hold
- &7-8 Close left foot besides right foot, point right to right, hold

On wall 6, Restart here

[17-24] R Shuffle, Heel Switches, R Shuffle

- 1&2 Step forward on right foot, close left foot besides right, step forward on right foot
- 3-4 Tap left heel forward, hold
- &5-6 Close left foot besides right foot, tap right heel forward, hold
- 7&8 Step forward on right foot, close left foot besides right, step forward on right foot

[25-32] Rock Fwd L, $\frac{1}{2}$ Turn Left, Shuffle L, Rock Fwd R

- 1-2 Rock left forward, recover on right foot
- 3-4 $\frac{1}{2}$ turn left with left foot, step forward on right foot
- 5&6 Step forward on left foot, close right foot besides left, step forward on left foot
- 7-8 Rock forward with right foot, recover on left foot

Contact: jessica@anima-physio.com
