## Lay Down and Dance

Count: 32 Wand: 4 Ebene: Novice
Choreograf/in: Fiona Murray (IRE) \& Roy Hadisubroto (NL) - October 2016
Musik: Baby Let's Lay Down and Dance - Garth Brooks

Intro: $\square$ Start after 32 counts of intro music<br>Sequences: Dance, Tag (2x) Dance, Tag (2x) Dance, Dance, Tag (1x) Dance, Dance, Dance Tag (3x)

[1-8] $\square$ Dorothy Step, Extended Lockstep, Syncopated Jazzbox, $1 / 4$ Turn R $\square$
$1-2$ \& Step $R$ diagonally forward (1), Cross $L$ behind $R(2)$, Step $R$ diagonally forward (\&) $\square 12: 00$
$3 \& 4 \& \quad$ Step $L$ diagonally forward (3), Cross $R$ behind $L$ (\&), Step $L$ diagonally forward (4), Cross $R$ behind L (\&) $\square 12: 00$
$5-6 \quad$ Step $L$ diagonally forward (5), Cross R over $L(6) \square 12: 00$
7 \& $8 \quad$ Step L backwards (7), Turn $1 / 4 \mathrm{R}$ and Step R to R side (\&), Cross L over R (8) $\square 3: 00$
[9-16] $\square$ Touch Side, Cross, Touch Side, Cross, Heel Switches, Swivel $\square$
1-2 Touch $R$ to $R$ side (1), Cross $R$ over $L$ (2) $\square 3: 00$
3-4 Touch $L$ to $L$ side (3), Cross $L$ over $R(4) \square 3: 00$
5 \& 6 \& Touch $R$ heel forward (5), Step $R$ next to $L(\&)$, Touch $L$ heel forward (6), Step $L$ next to $R(\&)$ $\square$ 3:00
7 \& $8 \quad$ Touch $R$ forward (7), Swivel both heels to $R(\&)$, Swivel both heels back to centre (8) $\square 3: 00$
[17-24] $\square$ Touch Back, $1 / 2$ Turn R, Step, $1 / 4$ Turn R, Side Mambo Cross (2x), Heel Jack, Ball Step $\square$
1-2 Touch R backward (1), Turn $1 / 2 R$ and step $R$ forward (2) $\square 9: 00$
3 \& $4 \quad$ Turn $1 / 4 R$ and Rock $L$ to $L$ side (3) Recover on $R(\&)$, Cross $L$ over $R(4) \square 12: 00$
$5 \& 6 \quad$ Rock $R$ to $R$ side (5), Recover on $L$ (\&), Cross R over L (6) $\square 12: 00$
\& 7 \& 8 Step $L$ to $L$ side (\&), Touch $R$ heel diagonally forward (7), Step R next to $L$ (\&), Step $L$ forward (8) $\square 12: 00$
[25-32] $\square$ Brush, Hitch, Step Back, Brush, Hitch, Step, Back, $1 / 4$ Turn R, Knee Pops $\square$
1 \& $2 \quad$ Brush R forward (1), Hitch R Knee up (\&), Step R backwards (2) $\square 12: 00$
3 \& $4 \quad$ Brush L forward (3), Hitch L Knee up (\&), Step L backwards (4) $\square 12: 00$
$5-6 \quad$ Turn $1 / 4 \mathrm{R}$ and step R to R side, keep weight in the middle (5), Pop both knees (6) $\square 3: 00$
7-8 Pop both knees (7), Pop both knees (8) $\square$ 3:00
Note $\square$ The brush, hitch, step, back (count 1 - 4 of the last section) can be done while hopping on the standing leg. $\square$

Tag: $\square$
1-8 Shuffle, Shuffle, Turn $1 / 2$ L, Kick Ball Change
1 \& $2 \quad$ Step R forward (1), Close $L$ behind $R(\&)$, Step R forward (2) $\square$ 12:00
3 \& $4 \quad$ Step $L$ forward (3), Close $R$ behind $L$ (\&), Step $L$ forward (4) $\square 12: 00$
5-6 Step $R$ forward (5), Turn $1 / 2 L$ and step $L$ forward (6) $\square 6: 00$
7 \& $8 \quad$ Kick $R$ forward (7), Step $R$ next to $L$ on ball of $R$ (\&), Step $L$ next to $R(8) \square 6: 00$
Note $\square$ The very last time doing the Tag turn $1 / 4 L$ to finish at 12:00
Order of dance $\square$ Dance, Tag (2x) Dance, Tag (2x) Dance, Dance, Tag (1x) Dance, Dance, Dance Tag (3x) $\square$

