# Alabama



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Robbie Carrington (USA) - September 2016

Musik: Sweet Home Alabama - Lynyrd Skynyrd



#### Start On 32 Count Just Before vocals

# [1 - 8] RIGHT ROCK ACROSS, RECOVER, CHA, LEFT ROCK ACROSS, RECOVER, CHA

1	1 - 2	Cross	right	over	اطا	Recover left
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3 & 4 Side cha (right, left, right)

5 - 6 Cross left over right, Recover right

7 & 8 Side cha (left, right, left

## [9-16] CHA BOX

1 - 2	Right to Right, Close left to right
3 & 4	Back Cha (left, right, left)
5 - 6	Left to left, Close right to left
7 & 8	Forward Cha (left, right, left

### [17-24] ROCK FORWARD, RECOVER, BACK CHA, ROCK BACK, RECOVER, FORWARD CHA

1 - 2	Rock forward right, Recover left
3 & 4	Back cha (right, left right)
5 - 6	Rock back left, Recover right
7 & 8	Forward cha (left, right, left)

## [25-32] RIGHT SUGAR FOOT, CHA, LEFT SUGAR FOOT, CHA TURNING 1/4 LEFT

1 - 2	2 Tou	ch right toe at	arch of left foot,	Touch right heel a	at arch of left foot
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3 & 4 Cha in place (right, left, right)

5 - 6 Touch left toe at arch of right foot, Touch left heel at arch of right foot

7 & 8 Cha turning ¼ left (left, right, left)

#### **Start Over**

Contact: Submitted by Diane Ellis: dchwt@yahoo.com

Last Update - 9th Nov 2016