

# Drop It Low

**COPPER** **KNOB**  
STEPSHEETS

Count: 96

Wand: 1

Ebene: Phrased Easy Intermediate -  
Fitness version



Choreograf/in: Pooi Kuan (MY) - May 2016

Musik: Drop It Low - Kat Deluna

Dance Start after 32 counts

Sequence: Tag A, Tag B, Tag A, Tag B, A Tag Tag B, A (16 counts) Tag B, A, A (Sec 5 & 6 Only).

Tag (4 counts)  Out, Out, Body Roll, Touch

1 2 3 4 Step RF Out, Step LF Out, Chest roll out & in , Touch RF beside LF

**PART A (48 counts)**

**Section A1:**  Side Mambo R & L, Front Mambo R & L

1&2 Rock RF to R, Recover on LF, Step RF beside LF,

3&4 Rock LF to L, Recover on RF, Step LF beside RF,

5&6 Rock RF Forward, Recover on LF, Step RF Back

7&8 Rock LF Forward, Recover on RF, Step LF Back

**Section A2:**  Repeat A1

**Section A3:**  Step Touch 4x

1 2 3 4 Step RF to R, Touch LF behind RF, Step LF to L, Touch RF behind LF

5 6 7 8 Step RF to R, Touch LF behind RF, Step LF to L, Touch RF behind LF

**Section A4:**  Repeat A3

**Section A5:**  Touch, Step Back

1 2 3 4 5 6 Touch RF slightly to Left (facing 11:00) – 6 times

Clap hands on top (1)(3)(5), open hands to side (2)(4)(6),

7 8 Sweep RF from front to back (change facing direction to 1:00)

Open both hands from top to side

**Section A6:**  Touch, Step Back

1 2 3 4 5 6 Touch LF slightly to R (facing 1:00) – 6 times

Clap hands on top (1)(3)(5), open hands to side (2)(4)(6),

7 8 Sweep LF from front to back (change facing direction to 12:00)

Open both hands from top to side

**PART B (48 counts)**

**Section B1:**  Hand Roll with Bend Knee, Body Up, Hands Open, Chest Pop, Cross Unwind

1 2 Right elbow in front of chest and roll right hand clock wise with a bit bend knee, Body Up

3 4 Open right hand to right, open left hand to left

5 6 Pop chest twice at the same both hands up down in front of chest

7 8 Cross RF over LF (or small jump cross over), unwind 1/2L turn

**Section B2:**  Repeat Section B1

**Section B3:**  Step Together Step Touch to Right Side 2x

1 2 3 4 Step RF to R, Hold/Hip Bump, Step LF together, Hold

5 6 7 8 Step RF to R, Hold/Hip Bump, Step LF together, Hold

**Section B4:**  Step Together Step Touch to Left Side 2x

1 2 3 4 Step LF to L, Hold/Hip Bump, Step LF to F, Hold

5 6 7 8          Step LF to L, Hold/Hip Bump, Step LF to F, Hold

**Section B5: □Shoulder Pop**

1 2 3 4          Step RF to R at the same time Pop Shoulder to R,L,R,R

5 6 7 8          Pop Shoulder to L,R,L,L and touch RF beside LF on count 8.

**Section B6: □Repeat Section B5**

**Enjoy!**

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