

# Shakin' Bacon (-aka- Schuttel Dein Speck)

**COPPER** STEPSHEETS **KNOB**

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Johan Bouillon (SA) - September 2016

Musik: Schuttel dein Speck by Peter Fox



Intro 32 counts,

Dance has an easy 16 count Tag before wall 1 after 32 count intro, end of wall 3 and end of wall 7 as an ending

## Section 1: □ STOMP, HOLD, CROSS SHUFFLE, CROSS BACK SIDE, CROSS BACK SIDE

1,2,3&4 Stomp LF to L, Hold, Cross RF over LF, Step LF to L, Cross RF over LF

5&6 Cross LF over RF, Step RF back, Step LF to L side

7&8 Cross RF over LF, Step LF back, Step RF to R side

## Section 2: □ ROCK RECOVER, ¾ TURN SHUFFLE, SIDE TOUCH R & L, FWD TOUCH R & L

1,2,3&4 Rock fwd on LF, Recover to RF, Make ¾ turn over L shoulder as you shuffle LRL

5&6&7&8& Touch RF to R, Close RF to LF, Touch LF to L, Close LF to RF, Press RF fwd, Close RF to LF, Press LF fwd, Close LF to RF

## Section 3: □ R CROSS SIDE ROCK, L CROSS SIDE ROCK, FULL TURN WALK R L R L

1&2 Cross RF over LF, Rock LF to L, Recover weight to RF,

3&4 Cross LF over RF, Rock RF to R, Recover weight to LF

5,6,7,8 Walk a full circle over R shoulder R, L, R, L

## Section 4: □ ¼ TURN JAZZ BOX, R HIP BUMP, L HIP BUMPS

1,2,3,4 Cross RF over LF, Make a ¼ turn R as you step back on LF, step RF to R, Step LF fwd

&5&6 Touch RF fwd as you bump R hip up, Bring R hip down, Bump R hip up, Step down on RF

&7&8& Touch LF fwd as you bump L hip up, Bring hip down, Bump L hip up, Bring hip down, Bump hip up again weight is on RF to start with a LF stomp

\*16 count Tag: □ Hand rolls with hip bumps & Slow and fast hip bumps

[1-8] □ Roll right and left hand over each other as you bump hip L x 4. Repeat to R

1,2,3,4 Bump Hips R L R L

&5&6&7&8 Bump hips faster R, L x 4.

You can do this as fast as you want as long as weight end on RF

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