Ruin



Count: 48 Wand: 4 Ebene: Intermediate Choreograf/in: Jacob Ballard (USA) & Amy Christian (USA) - September 2016

Musik: Ruin - Shawn Mendes



#12 count intro

S1: SIDE, HOLD, TUCK, 1/8, 3/8, 1/4

1-2-3 Step R slightly bigger step to side, Hold while slowly dragging L towards R, Touch L next to R

in "tuck" position,

4-5-6 Turn 1/8 left stepping forward on L (10:30), Turn 3/8 left stepping back on R (6:00), Turn 1/4

left stepping L to side

(3:00),

S2: CROSS LUNGE, HOLD WITH SWEEP, 14, 14

1-2-3 Cross lunge R over L, Hold lunge position while sweeping R arm in front of body and towards

left diagonal for two counts (1:30),

4-5-6 Recover weight to L, Turn ¼ right stepping forward on R (6:00), Turn ¼ right stepping L to

side (9:00),

S3: CROSS ROCK, SIDE, CROSS ROCK, SIDE

1-2-3 Cross rock R over L, Recover on L, Step R to side,

4-5-6 Cross rock L over R, Recover on R, Step L to side,

S4: STEP, SWEEP, CROSS, 1/4, SIDE

1-2-3 Step R forward, Sweep L around from back to front for two counts,

4-5-6 Cross L over R, Turn 1/4 left stepping back on R (6:00), Step L to side,

S5: CROSS, TOUCH OUT-IN, 1/4 BASIC

1-2-3 Cross R over L, Touch L out to left side, Touch L next to R,

4-5-6 Turn ¼ left stepping forward on L (3:00), Step R next to L, Step L next to R,

S6: BACK BASIC, 1/2 BASIC

1-2-3 Step R back, Step L next to R, Step R next to L,

4-5-6 Step forward on L, Turn ½ left stepping back on R (9:00), Step L next to R,

S7: STEP, FULL TURN, 1/4, SIDE, HOLD, STEP

1-2-3 Step R forward, Turn ½ right stepping back on L (3:00), Turn ½ right stepping forward on R

(9:00),

4-5-6 Turn ¼ right stepping L slightly bigger step to side (12:00), Hold while dragging R towards L,

Step R forward,

S8: CROSS WITH 1/4, SIDE, 1/4, STEP FORWARD, STEP FORWARD, 3/4 SPIRAL

1-2-3 Turn ¼ left - Cross L over R (9:00), Step R to side, Turn ¼ left stepping L to side (6:00),

4-5-6 Step R forward, Step L forward, Keeping weight on L turn 3/4 right (3:00)

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