

Lisa's Dance

Count: 64

Wand: 2

Ebene: Beginner / Improver

Choreograf/in: Mick (Mickyboy) Watts (UK) - September 2016

Musik: Sweet Little Lisa by Major Dundee Band



Alternative Music: Badly Bent by The Tractors(cd The Tractors).

Or at Christmas: Winter Wonderland by Dean Martin

Note: Start the dance on the vocals.(16 counts after heavy beat).(No Tags Or Restarts – enjoy)

[1 – 8] Step kick right & Left – Weave to right.

- 1 – 2 Step right to right & kick left to right diagonal.
- 3 – 4 Step left to left & kick right to left diagonal.
- 5 – 8 Step right to right, step left behind right, step right to right, step left beside right

[9 – 16] Swivel heels toes heels x 2- hold & clap.

- 9 – 12 Swivel heels to left, toes to left, heels to left, Hold & clap.
- 13 – 16 Swivel heels to right, toes to right, heels to right, Hold & clap.

[17 – 24] Step kick left & right – Weave to left.

- 17 – 18 Step left to left & kick right to left diagonal.
- 19 – 20 Step right to right & kick left to right diagonal.
- 21 – 24 Step left to left, step right behind left, step left to left. Step right beside left

[25 – 32] Swivel heels toes heels x2 - hold & clap.

- 25 – 28 Swivel heels to right, toes to right, heels to right, Hold & clap.
- 29 – 32 Swivel heels to left, toes to left, heels to centre, Hold & clap.

[33 – 40] Rocking chair – Step pivot 1/2 left – turn 1/2 left.

- 33 – 36 Rock forward on right, recover on left, rock back on right, recover on left.
- 37 – 40 Step forward on right, pivot 1/2 turn left, turn 1/2 left stepping back on right.

[41 – 48] Coaster step, Hold, Rock & cross, Hold.

- 41 – 44 Step back on left, Step right side of left, step forward on left, Hold.
- 45 – 48 Rock to right on right, recover on left, cross right over left, Hold.

[49 – 56] Rumba box with holds.

- 49 – 52 Step left to left, bring right to left, step forward on left, Hold.
- 53 – 56 Step right to right, Bring left to right, step back on right, Hold.

[57 – 64] Coaster step – Hold, Step pivot 1/2 left – Step Right to left – Hold.

- 57 – 60 Step back on left, bring right to left, step forward on left, Hold.
 - 61 – 64 Step forward on right, pivot 1/2 turn left, step right to left with a touch.
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