

# Sinaran

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Shirley Bang (MY) & Natassha Murty (MY) - September 2016

Musik: Sinaran – Ayda Jebat & Lea Ismail (edited ver)



Intro : 32 counts Sequence : AAA BB Tag AAA BB AA BB

## Part A – 32 counts

### A S1 - Weave R, Side ,Back Touch, Side, Back Touch

- 1 - 4 Step RF to R, Step LF behind R, Step RF to R , Step LF next to R  
5 - 8 Step RF to R , Touch LF behind R , Step LF to L , Touch RF behind L

### A S2 - Full Turn R, Side, Touch back, Side , Touch back

- 1 - 4 Step LF to L, turn R to L, Step L to R, turn L to R  
5 - 8 Step LF to L, touch RF behind L, Step RF to R , touch LF behind R

### A S3 - Skate , Skate, Side Chasse, Skate, Skate, Side Chasse

- 1 2 Skate R diagonal fwd, Skate L diagonal fwd  
3&4 Step RL to R, Step L behind R, Step RL to R  
5 – 6 Skate L diagonal fws, Skate R diagonal fwd  
7&8 Step LL to L, Step R behind L, Step LL to L

### A S4 - Jazzbox ¼ R Turn ( X 2)

- 1 - 4 Cross RF over L, Step L Back, Turn ¼ R to R, Step L fwd  
5 - 8 Cross RF over L, Step L Back, Turn ¼ R to R, Step L fwd

## Tag (1 – 4)

Shake hip bump RLRL, Right hand pointing and left hand holding the waist.  
( can be free style )

## Part B – 32 counts

### B S1 - Kick, hook , drag and hold

- 1 - 2 Kick RF diagonal fwd, hook back RF in front of L  
3 - 4 Drag RF to R, Touch LF beside R  
5 - 6 Kick LF diagonal fwd, hook back LF in front of R  
7 - 8 Drag LF to L, Touch RF beside L

### B S2 - Diagonal Step Touch

- 1 – 4 Step RF diagonal fwd, Touch LF beside R, Step LF diagonal fwd, Touch RF beside L  
5 – 8 Step RF diagonal back, Touch LF beside R, Step LF diagonal back, Touch RF beside L

### B S3 - Step Touch with hand movement

- 1 – 2 Step RF to R, Touch LF beside R ( R hand sway out)  
3 – 4 Step LF to L, Touch RF beside L ( L hand sway out )  
5 – 6 Step RF to R, Touch LF beside R ( Both hands hug on chest )  
7 – 8 Step LF to L , Touch RF beside L ( Both hands open from chest)

### S4 - Step R fwd, Pivot ½ L Turn, Hold and Full Turn

- 1 – 2 Step RF fwd, Turn ¼ L with weight on RF  
3 – 4 Step RF fwd , Hold  
5 – 6 Turn ½ R & Step LF back  
7 – 8 Turn ½ R & Step RF fwd

Ending Pose - Right hand stretch out pointing the index finger with left hand holding left waist

**ENJOY DANCING!**

**Contact :-**

**Natasha Murty : [happyface\\_83@hotmail.com](mailto:happyface_83@hotmail.com)**

**Shirley Bang : [shirleybsl@hotmail.com](mailto:shirleybsl@hotmail.com)**

---