## Ebene: Low Intermediate - Triple Two Step style

Choreograf/in: Debra Cleckler (USA) - August 2015
Musik: Die a Happy Man - Thomas Rhett : (CD: Tangled Up)


#### Abstract

Triple Two Step is a smooth six count pattern consisting of a walk-walk, triple-step, triple-step basic using diagonals, body shaping and Contra Body Movement (CBM). This dance is written in eight counts to match the music. "Shape and Rotate" body before stepping.


## [1-8] $\square$ Walk L-R, Diagonal Triple Steps L \& R, $1 / 2$ Pivot Turn Right (End facing 6:00)

1-2 Walk forward left, right (start shaping body to $R$ diagonal).

3 Rotate to $R$ diagonal and step side left (facing 1/8 turn to right). $\square \square \square \square 1: 30$
\& 4 Step right foot close to left foot (\&), rotate 1/8 L (face LOD) step left foot forward (4). $\square 12: 00$
5 Rotate to $L$ diagonal and step side right facing 1/8 turn to left. $\square \square \square \square 11: 30$
\& $6 \quad$ Step left foot close to right foot ( $\&$ ), rotate $1 / 8 \mathrm{R}$ to LOD and step right foot forward (6). $\square 12: 00$

7-8 Step left foot forward in CBM and make 1/2 pivot turn to right, weight to right. $\square \square 6: 00$
[9-16] $\square$ Promenade Walk L-R, French Cross R 1/2 Turn, R Back-Lock-Back, L Back Rock (12:00)
1-2 Shape $R$ stepping $L$ foot forward (1), Step $R$ foot across left (CBMP) making 1/4 turn right (2)
$3 \quad$ Pivot 1/4 turn to right on right foot and step back on left foot. $\square \square \square \square 12: 00$
\& Step (lock) right foot in front of left.
4 Step left foot back.
5\& Step right foot back to diagonal right (5), Step (lock) left foot in front of right (\&).
6 Step right foot back.
7-8 Step ball of left foot back at right heel (rock) (7), Recover weight to right foot (8) $\square 12: 00$
[17-24] DWalk L-R, L Side Rock-Cross, R Side Rock-Cross, 1/4 Turn R, Back L, Side R (End 3:00)
1-2 Walk forward left, right.
3\& Step left foot to left side (3), recover weight to right foot ( $\&$ ),
4 Step left foot across in front of right foot.
5\& Step right foot to right side (5), recover weight to left foot (\&),
$6 \quad$ Step right foot across in front of left foot and pivot 1/4 right. $\square \square \square \square 3: 00$
7-8 Step back on left (\&), step side right (slightly back). $\square \square \square \square \square$ 3:00
[25-32] $\square$ Cross, Side, Behind Side Cross, Side Rock Cross, $1 / 4$ Turn Right, Back L-R (End 6:00)
1-2 Cross left foot over right in 5th (1), step side right (2).
3\&4 Cross left foot behind right (3), step right foot side (\&) cross left foot over right.
5\&6 Step ball of right foot to side (5), recover to left (\&), cross right over left (6),
*7-8 $\square$ Rotate $1 / 4$ right on right foot and step back on left (7), step back on right (8). $\square \square 6: 00$
*Fifth Rotation: Slight variation counts 7-8 (music slows), then a Restart. On 7-8 (after 5\&6 (R side rock cross)) unwind $1 / 4 \mathrm{~L}$ turn to face front leaving weight on $R$ foot and Restart at beginning of dance.
[33-40] $\square$ Back Sweep (X3), Back Right, Hook Left (End facing 6:00) $\square$
1-2 Step back on left foot (1), sweep right foot front to back (2)
3-6 Repeat 1-2 this section two more times. (back R, sweep L (3-4), back L, sweep R (5-6)
7-8 Step right foot back (7), hook left foot over right (8) (body shapes 1/8 R).
[41-48] $\square$ Promenade Walk L-R, French Cross $1 / 2$ R, Turn, Back-Lock-Back - L Back Rock (12:00)
1-2 Step left foot forward (1), Step right foot across left (CBMP) making 1/4 turn right (2)
3 Pivot 1/4 turn to right on right foot and step left foot back. $\square \square \square \square 12: 00$
\& Step (lock) right foot in front of left.

Step left foot back.

Step right foot back to diagonal right (5), Step (lock) left foot in front of right (\&).

## Start Over!

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