In The Mood



Count: 48 Wand: 2 Ebene: Beginner

Choreograf/in: Sonja Hemmes (USA) - August 2016

Musik: In the Mood (feat. Shoowop Shop) - Swing City: (Album: Well Swung)



Starts on Lyrics

S1: CHAP	DI ESTON	WITH		De
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Touch right toe forward, hold, step right back next to left, hold
Touch left toe back, hold, step left foot beside right, hold

S2: HEEL, HEEL, BEHIND SIDE CROSS WITH HOLDS

1-4 Tap right heel, hold, tap right heel, hold

5-8 Step right behind left, step left to left side, step right in front of left, hold

S3: POINT LEFT SIDE, KICK, COASTER BACK WITH HOLDS

1-4 Point left to left side, hold, kick left forward, hold

5-8 Step back on left, step right next to left, step left forward, hold

S4: LOCK FORWARD RIGHT, SCUFF, LOCK FORWARD LEFT, SCUFF

Step right forward, step left behind right, step right forward, scuff left foot
 Step left forward, step right behind left, step left forward, scuff right foot

S5: CROSS, SIDE, CROSS, HOLD, LEFT MAMBO, HOLD

Step right in front of left, step left to left side, step right in front of left, hold
Step left to left side, return weight on right, step left next to right, hold

S6: STEP, HOLD, PIVOT 1/4 LEFT, HOLD, STEP, HOLD, PIVOT 1/4 LEFT, HOLD

1-4 Step forward on right, hold, pivot ¼ left on balls of feet, hold 5-8 Step forward on right, hold, pivot ¼ left on balls of feet, hold

**2 RESTARTS:

Restart #1 – In the 3rd rotation, facing the 12 o'clock wall, dance the first 32 counts and restart the dance Restart #2 – In the 8th rotation, facing the 12 o'clock wall, dance the first 32 counts and restart the dance

I hope you enjoy this fun dance