Pure and Simple



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Jan Brookfield (UK) - August 2016

Musik: Pure and Simple - Dolly Parton



Alt. Music: Don Williams - Tulsa Time - 113 bpm

(Start after 12 secs on the word "time")

Section 1: SIDE, CLOSE, FORWARD SHUFFLE, SIDE, CLOSE, BACK SHUFFLE

1,2 Step L to left side, close R to L

3&4 Shuffle forward on L,R,L

5,6 Step R to right side, close L to R

7&8 Shuffle back on R,L,R

Section 2: BACK ROCK, RECOVER, FORWARD SHUFFLE, FORWARD ROCK, HALF TURN SHUFFLE

9,10 Rock back on L, recover onto R

11&12 Shuffle forward on L,R,L

13,14 Rock forward on R, recover onto L

15&16 Making a half turn over right shoulder shuffle forward on R,L,R (6 o'clock)

Section 3: (CROSS, SIDE, SAILOR STEP) x 2

17,18 Step L across in front of R, step R to right side

19&20 Step L behind R, rock R to right side, recover weight onto L

21,22 Step R across in front of L, step L to left side

23&24 Step R behind L, rock L to left side, recover weight onto R

Section 4: CROSS ROCK, RECOVER, & CROSS ROCK, RECOVER, 1/4 TURN SHUFFLE, STEP, 1/2 PIVOT

TURN

25,26 Rock L across in front of R, recover onto R

&27,28 Step quickly onto L to left side, rock R across in front of L, recover onto L

29&30 Making a quarter turn to right shuffle forward on R,L,R (9 o'clock)

31,32 Step L forward, pivot half turn over right shoulder, weight now on R (3 o'clock)

KEEP IT GOING!