

# Cruel Summer

Count: 32

Wand: 4

Ebene:

Choreograf/in: Alison Austerberry (UK) & Barbara Mulholland (UK) - July 2016

Musik: Cruel Summer - Bananarama



## Optional music:-

Cruel Summer – Ace of Base (very FAST)

Cruel Summer – Foxy Brown (Rap version)

## STYLING (Optional)

Extreme Bananarama style – so dig out your beads, leg warmers and dungarees and remember 1983 and the long hot summers....having FUN in the sun.

### RIGHT DOROTHY STEP, LEFT DOROTHY STEP, WALK, WALK, RIGHT SHUFFLE (3/4 turn)

1&2 Long step diagonally fwd right, step left behind right, small step fwd right.

3&4 Long step diagonally fwd left, step right behind left, small step fwd left.

5-6 Long Walks forward Right, Left (turning ¾ turn to the left)

7&8 Step fwd right. Step left beside right. Step right forward

### LEFT MAMBO FORWARD, RIGHT MAMBO BACK, POINT, POINT, LEFT SAILOR ¼ TURN

9&10 Rock forward on left. Recover weight on right. Close left beside right

11&12 Rock back on right. Recover weight on left. Close right beside left

13-14 Point left toe forward. Point left toe to left side

15&16 Cross left behind right. Step right to right side. Step left to left side.(1/4 turn to left)

### KICK & CROSS,& HOLD & DIP/SHIMMY& CROSS, & JUMP & JUMP & JUMP & STEP

17&18 Kick right to right diagonal. Step on ball of right. Cross left over right.

&19&20 & Hold. Dip OR Shimmy Shoulders. Step on ball of right,. Cross left over right.

&21&22 Hop on to the right. Touch left next to right. Hop to the left, touch right next to left

&23&24 Hop on to the right. Touch left next to right. Hop to the left. Step right beside left.

### STEP, KICK (OR HINGE), RIGHT LOCKSTEP BACK, TURNING WALKS, LEFT SAILOR STEP

25-26 Step forward on left, kick right forward (or hinge right knee)

27&28 Step back on right. Step left beside right. Step back on right.

29-30 Step on left, making ¼ turn left. Step on right making ¼ left ( swaying shoulders)

31&32 Cross left behind right. Step right to right side. Step left to left side

## END OF DANCE

RESTARTS : End WALL 4, 5 and 8