# Secret Love of Heroes



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Gary Spurway (UK) - July 2016

Musik: Secret Love Song (feat. Jason Derulo) - Little Mix



#### Alt music; Heroes by Mans Zelmerlow

\*Little Mix – start on hard beat after she sings "cause im yours " (slow song )

\*\*Mans Zelmerlow - start after he sings "we are the heroes of our time " either the 1st time (about 37 secs in but no prominent beats) or on the hard beat after he sings it the 3rd time(about 1;08 in) (fast song)

## Section 1: Turned Chasse In A Box

1&2	turn 1/4 to the left and step to right, step left to right, step right to side
3&4	turn 1/4 to the left and step to the left ,right together ,step left
5&6	turn 1/4 to the left and step to right, step left to right, step right to side
7&8	turn 1/4 to the left and step to the left .right together .step left

#### Section 2: Walk Walk Mambo ,Back Back Coaster Cross

1-2	walk forward right,	left
· -	want forward right,	$\cdot \cdot \cdot \cdot$

3&4 rock on right, recover on left, step back right

5-6 back left, right

7&8 step back left, step right together ,step forward left

#### Section 3: Cross And Rock ,Cross And Rock ,Step 1/2 Turn, Scuff Scoot Step

1&2	cross right in front of left ,rock on to left ,recover on to right
3&4	cross left in front of right ,rock on to right , recover on to left

5-6 step right forward, and do ½ turn

7&8 scuff right forward ,hitch right and scoot forward ,step right down

(Easy Option Remove The "Scoot Forward")

# Section 4: Side Close ,Side Close Side, Heel Switches Clap

1-2	step left to side ,step right together
3&4	step left to side ,step right together ,left to side
5-6	right heel forward ,right heel in and left heel forward
7-8	left heel back and right heel forward ,clap hand

#### Start Again

## Any Feed Back Is Appreciated

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