

In This Life

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Edwin P Napitu (NL) - June 2016

Musik: In This Life - Collin Raye



Intro: 16 count

NIGHT CLUB BASIC R, SIDE ROCK, CROSS, SIDE, BEHIND/SWEEP, BEHIND, ¼ TURN R/STEP, PIVOT ¼ TURN L, CROSS ROCK

- 1 – 2 & Step R long to right side, step ball of L behind R heel, cross R over L (&)
- 3 & 4 & □ Rock L to left side, recover on R (&), cross L over R, step R to right side (&)
- 5 – 6 & Cross L behind R(R sweep), cross R behind L, ¼ turn left/step L forward (&)
- 7 & 8 & Step R forward, pivot ¼ turn left (&), cross R over L, recover on L (&)

* Restart : During 3rd wall(06:00) □

SIDE TOGETHER FORWARD, ROCK, RECOVER, FULL TURN L BACK, BACK/SWEEP, BEHIND, SIDE, CROSS, SIDE ROCK

- 1 – 2 & Step R long to right side, drag L next to R, step R forward (&)
- 3 & 4 & Rock L forward, recover on R (&), ½ turn left/step L forward, ½ turn left/step R back (&)
- 5 Step L back(R sweep)
- 6 & 7 Cross R behind L, step L to left side (&), cross R over L
- 8 & Rock L to left side, recover on R (&)

CROSS ROCK, L SIDE, TOUCH, R SIDE ROCK/LUNGE, RECOVER/DRAW, ¼ TURN R, FULL TURN R FORWARD, ROCK FORWARD/LUNGE, RECOVER, R BACK

- 1 & 2 & Cross L over R, recover on R (&), step L to left side, touch R next to L (&)
- 3 – 4 Lunge/rock R to right side, recover/drag R next to L
- 5 & 6 & ¼ turn right/step R forward, ½ turn right/step L back (&), ½ turn right/step R forward, step L forward (&)
- 7 – 8 & Lunge/rock R forward, recover on L, step R back (&)

L BACK(R SWEEP), BEHIND, ¼ TURN L/STEP, STEP, ROCK STEP ½ TURN L, PIVOT ½ TURN L, SWAYS

- 1 Step L back(R sweep)
- 2 & 3 Cross R behind L, ¼ turn left/step L forward (&), step R forward
- 4 & 5 Rock L forward, recover on R (&), ½ turn left/step L forward
- 6 & Step R forward, pivot ½ turn left (&)
- 7 – 8 Sway (R,L)

* Tag : After 2nd wall (12:00)

NIGHT CLUB BASIC R, NIGHT CLUB BASIC L

- 1 – 2 & Step R long to right side, step ball of L behind R heel, cross R over L
- 3 – 4 & Step L long to left side, step ball of R behind L heel, cross L over R

* Restart : During 3rd wall (after count 8&)(06:00)

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Just dance & have Fun!