

Animal In Me

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Stella Kim (KOR) - June 2016

Musik: Animal in Me - Guy Sebastian



Intro: 16 counts

SEC 1: (TOE TOUCH, SCUFF, FORWARD) X2, ROCK FORWARD, RECOVER, 1/2 TURN FORWARD SHUFFLE

- 1&2 RF side toe touch (knee in), RF scuff, RF forward
- 3&4 LF side toe touch (knee in), LF scuff, LF forward
- 5-6 RF rock forward, LF recover
- 7&8 1/4 turn R with RF side, LF together, 1/4 turn R with RF forward(6:00)

SEC 2: (TOE TOUCH, SCUFF, FORWARD) X2, ROCK FORWARD, RECOVER, 1/4 TURN SIDE ROCK, RECOVER, SIDE

- 1&2 LF side toe touch (knee in), LF scuff, LF forward
- 3&4 RF side toe touch (knee in), RF scuff, RF forward
- 5-6 LF rock forward, RF recover
- 7&8 1/4 turn L with LF side rock, RF recover, LF side(3:00)

SEC 3: ROCK BACK, RECOVER, BACK WITH SWEEP, ROCK BACK, RECOVER, ROCK BACK, RECOVER, 1/4 TURN BACK WITH SWEEP, ROCK BACK, RECOVER

- 1&2 RF rock back, LF recover, RF back and LF sweep from front to back
- 3-4 LF rock back, RF recover
- 5&6 LF rock back, RF recover, 1/4 turn R and LF back and RF sweep from front to back
- 7-8 RF rock back LF recover(6:00)

SEC 4: (CROSS, BACK, BACK) X2, 1/4 TURN JAZZ BOX, FORWARD

- 1&2 RF cross over LF, LF diagonal back, RF diagonal back
- 3&4 LF cross over RF, RF diagonal back, LF diagonal back
- 5-8 RF cross LF, 1/4 turn R with LF back, RF side, LF forward(9:00)

***Restart here – wall 5**

SEC 5: TOE TOUCH, REPLACE, TOE TOUCH, HIP UP AND DOWN, SAILOR STEP, ROCK BACK, RECOVER

- 1&2 RF forward toe touch, RF replace and weight change to RF, LF forward toe touch
- 3&4 hold, L hip up, L hip down
- 5&6 LF cross behind RF, RF slight side, LF side
- 7-8 RF rock back, LF recover(9:00)

SEC 6: REPEAT THE SECTION 5

RESTART: On the 5th wall, you should dance until 32counts and start again

Contact ~ E-MAIL: sktelkmh@naver.com - <http://www.youtube.com/user/thetrianglelinedance>