## Reckless and Senseless

Count: 32 Wand: 4 Ebene: High Improver
Choreograf/in: Tom Inge Soenju (NOR) - June 2016
Musik: Reckless - Martina McBride : (iTunes, Google Play and Amazon)


Intro: 8 counts. Starting 4 counts before first vocals.<br>Sequence: Repeating sequence.<br>Tag/Restart: 1 Tag (8 counts) appears after the 3rd wall (9:00). No Restarts.<br>End: Dance as normal till the music ends.<br>Section 1: L FW Rock, Recover, L Sailor 3/8 Step, R FW Shuffle, 1/8 R Turn-L Step, $1 / 2$ R Turn-R Step<br>1 Step (rock) left foot forward<br>2 Recover weight onto right foot<br>3 \& Step left foot behind right foot while turning 3/8 to your left (7:30) and step right foot to right side<br>$4 \quad$ Step left foot to left side<br>5 \& Step right foot forward and step left foot next to right foot<br>$6 \quad$ Step right foot forward<br>$7 \quad$ One-eight turn to your right (9:00) and step left foot to left side<br>$8 \quad$ Half turn to your right (3:00) and step right foot forward

## Section 2: $1 / 2$ R Turn B Shuffle, R Coaster Step, $1 / 2$ R Turn Touch-Bump-Step $\mathbf{x} 2$

$1 \& \quad$ Half turn to your right (9:00) stepping left foot back and step right foot in front of left foot
2 Step left foot back
3 \& Step right foot back and step left foot next to right foot
4 Step right foot forward
$5 \& \quad$ Quarter turn to your right (12:00) touching left foot to left side and bumping left hip upwards then back
6 Quarter turn to your right (3:00) stepping left foot back
7 \& Quarter turn to your right (6:00) touching right foot to right side and bumping right hip upwards then back
8 Quarter turn to your right (9:00) stepping right foot forward
Section 3: L FW Step- $1 / 4$ R Turn, $1 / 2$ L Turn Chassé, $1 / 2$ R Turn Chassé, L Jazz Box
1 Step left foot forward
2 Quarter turn to your right (12:00, weight on right foot)
$3 \& \quad$ Half turn to your right (6:00) stepping left foot to left side and step right foot next to left foot
4 Step left foot to left side
5 \& Half turn to your right (12:00) stepping right foot to right side and step left foot next to right foot
$6 \quad$ Step right foot to right side
$7 \quad$ Cross left foot over right foot
8 Step right foot back
Alternative: For those who easily get dizzy and find it to be to many turns, can in counts $3 \& 4$ do a L cross shuffle facing 12:00 instead.

| Section 4: L Side Step, R Cross Shuffle, L Side Rock, Recover, $3 / 4$ L Turn-FW Shuffle, FW R Step |  |
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| 1 | Step left foot to left side |
| $2 \&$ | Cross right foot over left foot and step ball of left foot behind right foot |
| 3 | Cross right foot over left foot |
| 4 | Step (rock) left foot to left side |
| 5 | Recover weight onto right foot |

6 \& Three-quarter turn to your left (3:00) stepping left foot forward and stepping ball of right foot behind left foot
$7 \quad$ Step left foot forward
8 Step right foot forward
TAG-8 counts.
Section T1: L FW Rock, Recover, L Coaster Step, R FW Rock, Recover, R Coaster Step
Step (rock) left foot forward
2 Recover weight onto right foot
3 \& Step left foot back and step right foot next to left foot
$4 \quad$ Step left foot forward
5 Step (rock) right foot forward
$6 \quad$ Recover weight onto left foot
7 \& Step right foot back and step left foot next to right foot
8 Step right foot forward
Start again and enjoy! Happy Dancing!
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