

I Love Me

COPPER **KNOB**
BY STEPHEN METELNICK

Count: 32

Wand: 4

Ebene: Improver / Intermediate

Choreograf/in: Alison Metelnick (UK) & Peter Metelnick (UK) - April 2016

Musik: I Love Me - Meghan Trainor & LunchMoney Lewis



Start after 24 count intro on the word 'ME' when he sings 'I Love Me' – [97 bpm – 2mins 47secs]

Music Available from Amazon

[1-8] R fwd step touch L, L back step kick R fwd, R coaster step, L lock step fwd, right box step back

- 1& Step R forward, touch L together
- 2& Step L back, kick R forward
- 3&4 Step R back, step L together, step R forward
- 5&6 Step L forward, lock R behind L, step L forward
- 7&8 Step R side, step L together, step R back

[9-16] 3/8 L hitch turn & L shuffle fwd, turn ½ L: R shuffle back, L coaster step, R kick ball step

- &1 Hitch L knee up, turning 3/8 left to right back diagonal step L forward (7 o'clock)
- &2 Step R together, step L forward
- 3&4 Turning ½ left to right front diagonal step R back, step L together, step R back (1 o'clock)
- 5&6 Step L back, step R together, step L forward
- 7&8 Kick R forward, step R together, step L forward (extended 5th) (1 o'clock)

[17-24] ½ L: R shuffle back, L coaster step, 1/8 L: R side rock/recover/cross, ½ R hinge cross

- 1&2 Turning ½ left step R back, step L together, step R back (7 o'clock)
- 3&4 Step L back, step R together, step L forward
- 5&6 Squaring to back wall turning 1/8 left rock R side, recover weight on L, cross step R over L (6 o'clock)
- 7&8 Turning ¼ right step L back, turning ¼ right step R side, cross step L over R (12 o'clock)

[25-32] R side rock/recover/cross travelling fwd, L side rock/recover/cross travelling fwd, step R fwd, L fwd rock/recover, ¾ L triple step

- 1& Rock R side, recover weight on L
- 2& Cross step R over L travelling forward, rock L side
- 3& Recover weight on R, cross step L over R travelling forward
- 4 Step R forward
- 5-6 Rock L forward, recover weight on R
- 7&8 Turning ¾ left step L/R/L (3 o'clock)

Contact ~ Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website: www.thedancefactoryuk.co.uk