Sikat Basta Pinoy

Count: 32

Ebene: High Beginner

Choreograf/in: Noel Gamboa (USA) - December 2009

Musik: Sikat Basta Pinoy - Noel Gamboa

Start dancing on lyrics (No Tags, No Restarts)

ROCK, RECOVER, SHUFFLE, ROCK, RECOVER, SHUFFLE

- 1-2 Rock left forward, recover to right
- 3&4 Chasse back left-right-left
- 5-6 Rock right back, recover to left
- 7&8 Chasse forward right-left-right

CROSS ROCK, RECOVER, TRIPLE, CROSS ROCK, RECOVER, TRIPLE

- 1-2 Cross / rock left over, recover to right
- 3&4 Triple in place left-right-left
- 5-6 Cross / rock right over, recover to left
- 7&8 Triple in place right-left-right

SAMBA (2X), STEP-TURN (2X)

- 1a2 Cross left over right, step ball of right behind left, step left in place
- 3a4 Cross right over left, step ball of left behind right, step right in place
- 5-6 Step left forward, turn 1/2 right (weight to right)
- 7-8 Step left forward, turn 1/2 right (weight to right)

SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE, TURN, ROCK, RECOVER

- 1&2 Chasse side left-right-left
- 3-4 Cross / rock right behind, recover to left
- 5&6 Chasse side right-left-right
- 7-8 Turn 1/4 left and rock left back, recover to right

REPEAT

For arm styling please see instructional & demo videos. Submitted by Don Corrigan

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Wand: 4