EGOcentric



Count: 32 Wand: 4 Ebene: Improver - Samba rhythm

Choreograf/in: Tom Inge Soenju (NOR) - May 2016

Musik: Ego (Radio Edit) - Willy William: (iTunes, Google Play and Amazon)



Note: The music has a samba rhythm and uses therefore a-counts (1 e & a 2) throughout parts of the dance. Instead of a-counts one can teach with only &-counts, but delay the execution of the &-counts to get the samba-rhythm where appropriate.

Intro: 32 counts. Start on vocals. No Tags or Restarts.

Section 1: R Cross-Step-Heel, L Cross-Step-Heel, Step, Touch, Step, Heel, 1/8 Turn-FW L Step-Lock-Step

1 a	Cross right foot over left foot and step left foot to left side
2 &	Touch right heel diagonally to right side and step right foot back
3 a	Cross left foot over right foot and step right foot to right side
4 &	Touch left heel diagonally to left side and step left foot down
5 a	Touch ball of right foot in place and step right foot down
6	Touch left heel diagonally to left side (in place)
7 a	Turn 1/8 to your left (9:00) stepping left foot forward and lock right foot behind left foot
8	Step left foot forward

Section 2: FW Cross samba x 2, 1/4 Turn paddle x 2, R Rock FW, R Rock B

1 a	Cross right foot over left foot and rock ball of left foot out to left side
2	Recover weight onto right foot
3 a	Cross left foot over right foot and rock ball of right foot out to right side
4	Recover weight onto left foot
5	Step right foot forward and paddle turn a quarter to your left
6	Step right foot forward and paddle turn a quarter to your left
7 &	Step (rock) right foot forward and recover weight onto left foot
8 &	Step (rock) right foot back and recover weight onto left foot

Section 3: FW Walk x 2, FW R Step-Lock-Step, L Cross- 1/4 Turn-Step, R Cross rock FW, R Diag Rock B

1	Step right foot forward
2	Step left foot forward
3 a	Step right foot forward and lock left foot behind right foot
4	Step right foot forward
5 a	Cross left foot over right foot and turn a 1/4 to your left (12:00) and step right foot back
6	Step left foot forward
7 &	Cross (rock) right over left foot and recover weight onto left foot
8 &	Step (rock) right foot diagonally back and recover weight onto left foot

Section 4: R Cross, L Side rock, Recover, Sailor 1/4 Turn-Touch, Hold, Step, FW Low kick x 2

1	Cross right foot over left foot
2	Step (rock) left foot to left side
3	Recover weight onto right foot
4 a	Quarter turn to your left (9:00) sweeping left foot behind right foot and step down then step right foot next to left foot
5	Touch left toes in front
6 &	Hold and step left foot beside right foot
7 &	Low kick right foot forward and step right foot next to left foot
8 &	Low kick left foot forward and step left foot next to right foot

Start again and enjoy!

End: Dance as normal till the music ends.

Contact: Tom I. Soenju, linedancing.no@gmail.com

Last Update - 28th May 2016