

Born For A Reason

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Jessica van Ostaeyen (DE) - May 2016

Musik: Tennessee Woman - The BossHoss : (Album: Dos Bros)



Start after 16 counts (12 secs) - Adapt the speed of the dance to the music, the pattern is:
~2x slow, 2x fast, slow (restart), 2x slow, 4x fast, 2x slow, 2x fast

[1-8] right weave, scuff

1-2 step right to right, cross left behind right

3-4 step right to right, cross left over right

On wall 5 (slow), Restart here (slow)

5-6 step right to right, cross left behind right

7-8 step right to right, scuff left next to right

[9-16] rock step, 1/2 turn left, scuff, jazz box

1-2 rock fwd on left, recover on right

3-4 1 /2 turn left and scuff with right

5-6 cross right over left, step back on left

7-8 step right to right, step left forward

[17-24] cross rock, hold (2x)

1-2 cross right over left, recover on left

3-4 step right to right, hold

5-6 cross left over right, recover on right

7-8 step left to left, hold

[25-32] heel fwd - diagonal - flick & step (2x)

1-2 touch right heel fwd, touch right heel on right diagonal

3-4 flick with right, step on right

5-6 touch left heel fwd, touch left heel on left diagonal

7-8 flick with left, step on left

Restart on wall 5 after 4 counts (slow!)

Contact: jessica@anima-physio.com