## Breath Me In And Let Me Go

Count: 92
Wand: 4
Ebene: Phrased High Intermediate
Choreograf/in: Susanna Leskinen (FIN) - March 2016
Musik: Diane Birch - Love and War, 2014


## PART A: 64 counts

A 1: Walk R, Walk L, Step R fwd, $1 / 2$ Pivot Turn Left, Hitch, Step, Step, Hitch, Step, Step
1-2 Walk Right Foot forward, Walk Left Foot Forward
3-4 Step RF forward and make a turn $1 / 2$ to left stepping weight to LF ( 6 o'clock)
\&5-6 Step RF next to LF and at the same time Hitch left knee up, Step LF down, Step RF forward
\&7-8 Step LF next to RF and at the same time hitch left knee up, Step RF down, Step LF forward

A 2: $1 / 4$ Shuffle R, Step, $1 / 4$ Pivot Turn R, Close, Side, Hold, Close, Syncopated Shuffle $1 / 4$ R
1\&2 Step RF to right side, Close LF next to RF, Step $1 / 4$ right RF forward ( 9 o'clock)
3-4 Step LF forward, Make a $1 / 4$ turn right changing weight to RF (12 o'clock)
\&5-6 Step LF next to RF, Step RF to the right side, Hold
\&7\&8 Step LF next to RF, Step RF to the right side, Step LF next to RF, Step $1 / 4$ right RF forward (3 o'clock)

A 3: $2 x$ Walk Back, Coaster Step, $1 / 4$ Turn R, Point, $1 / 4$ Turn L, Full Turn
1-2 Walk LF back, Walk RF back
3\&4 Make a Coaster Step, Stepping LF back, RF next to LF, LF forward
5-6 Make a $1 / 4$ Turn right stepping RF back, Point LF to left side ( 6 o'clock)
$7 \& 8$ Step LF $1 / 4$ left forward ( 3 o'clock), Turn $1 / 2$ to left stepping RF back ( 9 o'clock), Turn $1 / 2$ turn left stepping LF forward (3 o'clock)
Optional: Run $1 / 4$ left LF forward, run RF forward, run LF forward
A 4: Kick and point, Hip Bumps x2, ½ Sailor Step, $2 x$ walk
1\&2 Kick RF forward, Step RF next to LF, point LF to the left side
3-4 Bump hips twice to left, after bumps weight should be on the LF
5\&6 Make a $1 / 2$ turn right by doing Sailor Step, stepping RF back, LF together, RF forward diagonal (9 o'clock)
7-8 Walk LF forward, Walk RF forward
( After Part B, Dance this far of part A; 7 step LF to the left side, 8 hold, Restart facing 6 o'clock)
A 5: $2 x$ Skate with $1 / 2$ Turn, Shuffle Step turning $1 / 2$ left, Jump, Touch, $1 / 2$ Unwind left, Three Jumps with $1 / 2$ Turn left
1-2 Skate LF $1 / 2$ to left ( 3 o'clock), Skate RF $1 / 2$ to the right ( 9 o'clock)
3\&4 Make a $1 / 2$ Shuffle left; Step LF $1 / 2$ forward (3 o'clock), Step RF next to LF, Step LF forward
\&5-6 Jump RF forward, Touch LF behind RF, Make an Unwind Turn $1 / 2$ to left ( 9 o'clock) weight on both feet
$7 \& 8 \quad$ Jump Three times with both feet and turn 1/2 turn left at the same time (3 o'clock)
(Restart Part A 2nd wall, Tag 1 and restart on Part A 3rd wall)
A 6: Jazz Box, Step, Point, Step, Full Turn
1-2 Cross RF over LF, Step LF back
3-4 Step RF to the right side, Cross LF over RF
5-6 Step RF to the right side making a $1 / 4$ turn right ( 6 o'clock), point LF to the left side
$7 \& 8 \quad$ Step LF $1 / 4$ left forward( 3 o'clock), Step RF back making a $1 / 2$ turn left ( 9 o'clock) , Step LF forward making a $1 / 2$ turn left (3 o'clock)

A 7: Step, sweep, Shuffle Step back, Step, Sweep
1-2
Step RF back, Sweep LF from forward to back

Step LF back, Step RF next to LF, Step LF back

A 8: Out, out, Hip, Hip, Step, Point, Together, $1 / 2$ Shuffle step left forward

| $1-2$ | Step RF Out to right diagonal, Step LF Out to left diagonal |
| :--- | :--- |
| $3-4$ | Move hips to left changing weight to LF, Move hips to right changing weight RF |
| $5-6$ | Step LF back, Point RF forward (Make a small bodyroll) |
| $\&$ | Step RF next to LF |
| $7 \& 8$ | Make a $1 / 2$ Turn left stepping LF $1 / 2$ left forward, Step RF next to LF, Step LF forward (3 |
|  | o'clock) |

(Tag 2 comes here on 4th wall of Part A)

## PART B: After 5th wall of A, 28 counts:

B 1: Walk x2, Shuffle Step, $1 / 2$ Shuffle Step L, Walk x2
1-2 Walk RF forward, Walk LF forward
3\&4 Step RF forward, Step LF next to RF, Step RF forward
5-6 Make a $1 / 2$ turn left by stepping LF forward, Walk RF forward
7\&8 Step LF forward, Step RF next to LF, Step LF forward

## B 2: Nightclub Basics x2

1-2 RF Step big step to right side
3-4 Rock LF behind RF, Recover to RF
5-6 LF Step big step to left side
7-8 Rock RF behind LF, Recover to LF
B 3: Turning Vine R, Point, Turning Vine L, Point
1-2 Step RF $1 / 4$ right forward, Step LF $1 / 2$ right back
3-4 Step RF $1 / 4$ right side, Point LF to left side
5-6 Step LF $1 / 4$ left forward, Step RF $1 / 2$ left back
7-8 Step LF $1 / 4$ left side, Point RF to right side

## B 4: Sway, Sway, with arm movement

Sway slowly to right side, and at the same time move left arm from forward to the right shoulder
3-4 Sway slowly to left side, and at the same time move right arm from forward to the left shoulder (Like hugging yourself)
(Start Part A by pushing both hands down strongly)
TAG 1 After 40 counts of A on 3rd wall:
Jazz Box x 2
1-2 Cross RF over LF, Step LF back
3-4 Step RF to the right side, Cross LF over RF
5-6 Cross RF over LF, Step LF back
7-8 Step RF to the right side, Cross LF over RF
(Restart Part facing 3 o'clock)
TAG2 After 40 counts of A on 4th wall:
$\sim 2 x W a l k$, Step, $1 / 2$ Pivot turn Left, $2 x$ walk, Step, $1 / 2$ Pivot turn $1 / 2$ Left
1-2 Walk RF forward, Walk LF forward
3-4 Step RF forward and make a $1 / 2$ turn left stepping weight to LF
5-6 Walk RF forward, Walk LF forward
7-8 Step RF forward and make a $1 / 2$ turn left stepping weight to LF
(Restart Part a facing 12 o' clock)

Sequence: A - A40counts - A40counts - Tag1-A - Tag2 - A - B - A32counts - A - A16counts Contact: leskinsu@gmail.com, tel: +358408447927

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