

# One Reason

Count: 48

Wand: 4

Ebene: High Beginner WCS

Choreograf/in: Agnethe Hansen (DK) - March 2016

Musik: One Good Reason by Tracy Chapman



**Intro: Start on vocal**

**S1: Walk x 2 - Anchor step – Step bag x 2 – Cross step – Step bag**

- 1 – 2 Walk forward on right foot, Walk forward on left foot  
3 & 4 Cross right foot behind left, Step left foot on place, Step right foot slightly back  
5 – 6 Step left foot bag, step right foot bag,  
7 & 8 cross left foot over right, step right foot bag and left foot beside right.

**S2: Side Point switches - Heel dig switches – Hip bums ¼ turn**

- 1& 2& Point right toe to right, right foot beside left. Point left toe to left, left foot beside right.  
3& 4& Dig right heel in front, right foot beside left. Dig left heel in front, right foot beside right.  
5 – 6 Touch right toe forward, push hip up and make ¼ turn to left, taking weight on right  
7 – 8 Touch left toe forward, push hip up and taking weight on left

**S3: Extended vine right – Bag rock – Chasse left**

- 1 - 2& Step right foot to the right side, cross left foot behind right, step right foot to right side  
3 – 4 cross left foot over right and step right foot to right side.  
5 – 6 Rock back on left, recover on right  
7 & 8 step left foot to left side, step right foot beside left, step left foot to left side.

**S4: Hip bums ¼ turn – Rock – Coaster step**

- 1 – 2 Touch right toe forward, push hip up and make ¼ turn to left, taking weight on right  
3 – 4 Touch left toe forward, push hip up and taking weight on left  
5 – 6 Rock forward on right foot and recover on left foot.  
7 & 8 Step right foot back, Step left foot next to right, Step right foot forward

**S5: Rock forward – Logstep bag – Bag rock – Logstep forward**

- 1 – 2 Rock forward on left foot, recover on right foot  
3 & 4 step back on left foot, cross right over left foot and step bag on left foot  
5 - 6 Rock back on right foot, recover on left foot  
7 & 8 Step forward on right foot, log left foot behind right and step forward on right foot

**S6: Step ½ turn – Step ¼ turn – Step forward – Bounce x 2**

- 1 – 2 Step forward on left, make a ½ turn on ball  
3 – 4 Step forward on left and make a ¼ turn on ball  
5 – 6 Step forward on left foot, close right foot beside left  
7 – 8 Bounce both heels twice ending with weight on left

Contact ~ Mail: [agnethe58hansen@hotmail.com](mailto:agnethe58hansen@hotmail.com) - Website: [agnethe58hansen.dk](http://agnethe58hansen.dk)