Arriba Y Abajo



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Gabriella Castorina (IT) - January 2016

Musik: Arriba y Abajo - Coyote Dax



Start After 32 Counts

[1-8] Cross. Side. Cross. Hold. Point. Touch. Point. Hold.

1-4 Cross LF behind RF. Step RF to right side. Cross LF over RF. Hold.

5-8 Point right toe to right side. Touch RF next to LF. Point right toe to right side. Hold.

[9-16] Cross. Side. Cross. Hold, Left Forward Rock Step. Close. Hold.

1-4 Cross RF behind LF. Step LF to left side. Step RF forward. Hold.
5-8 Step LF forward. Recover to RF. Close LF next to right. Hold.

[17-24] Cross. Side. Cross. Hold. Point. Touch. Point. Hold.

1-4 Cross RF behind LF. Step LF to left side. Cross RF over LF. Hold

5-8 Point left toe to left side. Touch LF next to RF. Point left toe to left side. Hold.

[25-32] Left Forward Rock Step. Left Back Rock Step. ¼ Right Turn Step. Touch. Hold.

1-4 Step LF forward. Recover to RF. Step LF back. Recover to RF.

5-8 Step LF forward. ¼ turn right and Step RF to right side. Touch LF next to RF. Hold.

REPEAT

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