

# Move Slower (P)

Count: 32

Wand: 0

Ebene: High Beginner

Choreograf/in: Estelle Ward (UK) - January 2016

Musik: Nobody's Home - Clint Black



Adapted from line dance 'Move Slowly' by Michelle Risley

Sweetheart position at start and same footwork throughout

**Rock side recover shuffle forward right then left.**

1 2 Rock side right recover onto left  
3&4 Shuffle forward right  
5 6 Rock side left recover onto right  
7&8 Shuffle forward left

**Step quarter pivot left cross shuffle, weave**

1 2 Step forward right quarter pivot left into centre

**(Bring right arms over ladies head into reverse Indian)**

3&4 Cross shuffle with right. (into reverse lien of dance)

5678 Step left to left side cross right behind left, step left to left side and cross right over left.

**Rock side left recover cross shuffle, weave.**

1 2 Rock left to left side recover onto right

3&4 Cross shuffle with left

5678 Step right to right side cross left behind right, step right to right side and cross left over right.

**Rock side right, quarter turn to right, recover left, shuffle back, rock back recover shuffle forward**

1 2 Rock side right recover onto left as you quarter turn right into line of dance.

**(Hands back into sweetheart)**

3&4 Shuffle back on right

5 6 Rock back left recover forward onto right

7&8 Shuffle forward left

**Start again and enjoy**

Thank you to Michelle for allowing me to adapt her line dance such a great dance and song.

Contact: [ems.ward@btinternet.com](mailto:ems.ward@btinternet.com)