

Focus Day and Night

Count: 80

Wand: 2

Ebene: Phrased Intermediate Plus

Choreograf/in: Weber Wen (USA) & Andie Ghidiu (USA) - November 2015

Musik: Focus - Ariana Grande



Sequence: AB// AB// Tag// A// Tag// BB

Intro: 16 counts

A - 64 counts

A[1-8] □ Brush, side-rock, cross and cross, side-rock, kick-ball, walk, walk

12&3&4 Brush R fwd R diagonal, rock R side R, recover L, cross R over L, small step side L on ball of L, cross R over L

5&6&7&8 Rock L to L side, recover R, kick L fwd, step on ball of L, walk fwd R, L 12:00

A[9-16] □ Rock, ¼ side, touch, scissor step, point, ¼ hitch, 2 walks, twist, ¼ swivel

1&2& Rock fwd on ball of R, recover L turning ¼ R, step side R on R, drag L in to R and touch 3:00

3&4 Step L to L side at a fwd diagonal, close R next to L, step L fwd across R

56 Point R to R side, turn ¼ R on R ending with R hitch 6:00

&7&8 Two small steps fwd R,L, turn upper body ¼ R, swivel feet ¼ R 9:00

A[17-24] □ Skate R, skate L, skate R together R, skate L, skate R, skate L together L

123&4 Skate R fwd at R diagonal, skate L fwd at L diag., skate R fwd diag., close L next to R, skate R fwd diag.

567&8 Skate L fwd at L diagonal, skate R fwd at R diag., skate L fwd diag., close R next to L, skate L fwd diag.

A[25-32] □ Cross, back-¼ turn, rock-step-close, step-lock-step-ball, walk, ¼ turn hitch

12&3&4 Cross R over L, step back on L, turn ¼ R stepping fwd on R, Rock fwd on L, recover R, step L next to R 12:00

5&6&7&8 Step back on R, lock L over R, step back on R, step ball of L next to R, Step fwd on R, turn ¼ R and hitch L knee 3:00

A[33-40] □ Side, ¼ turn, walk, full turn, rock, recover-ball, rock, recover-ball

123 Step L to L side, pivot ¼ R, walk fwd L 6:00

4&56 Turn ½ L and step back on R, turn ½ L and step fwd on L, rock fwd on R, recover L

&7&8 Step ball of R next to L, rock fwd on L, recover R, step ball of L next to R 6:00

A[41-48] □ Side-rock, ½ hinge, side, press-back-¼ turn, step, touch-step, touch, ½ reverse spiral, ball

12&3&4 Rock side R on R, recover L, hinge ½ R on L, step side R on R, press L in front of R, recover at R back diagonal 12:00

&5&6 Turn ¼ L on L and step fwd, step fwd on R, drag-touch L next to R, step fwd on L 9:00

7&8 Touch R in front of L, close R to L crossing at ankle and turn ½ R on L, step fwd on ball of R 3:00

A[49-56] □ Cross-back-side, step turn, side, fwd, fwd, ½ pivot, side, touch

123 Step fwd on L at R diagonal, step side R and back on R, step L side L

4&56 Step fwd on R, pivot ½ L on R keeping weight R and drawing L foot in, step side L on L, step fwd on R 9:00

7&8& Step fwd on L, pivot ½ R on R, step L side L, touch R next to L 3:00

[57-64] □ ¼ turn, ½ turn, ¼ turn (rolling vine), rock-step, side, push-slide, behind-unwind

123&4 Turn ¼ R stepping fwd R, turn ½ R stepping back L, turn ¼ R stepping side R, rock back L, recover R 3:00

&5678 Step side L on L, touch R next L and push off with L sliding R to R side, cross L behind R, unwind $\frac{3}{4}$ L (7-8) 6:00

B - 32 counts (1-16 will be danced 2x)

B[1-8] Rock-step, $\frac{1}{4}$ turn out-out, shoulder pops, behind-side-rock, behind-side-rock, together

1&a2 Rock R forward, recover L, turn $\frac{1}{4}$ R and step R to side, step L to side 9:00

3&4& Hold, push L shoulder to side, hold, push R shoulder to side

5&6&7&8 Step L behind R, rock side R on R, recover L, step R behind L, Rock side L on L, recover R, step L next to R

B[9-16] Rock-step, touch-slide, slide, heel swivel, close-side, close-side, touch- $\frac{1}{4}$ side, touch-side

1&23 Rock back on R, recover L, pushing off with L sliding R a little side R, Push and slide R more side R

&4&5 Swivel R knee in-out (&4), touch L next to R, push off with R stepping side L on L opening knees

&6 Close R in next to L closing knees, push off with R stepping L side L opening knees

&7 Touch R next to L closing knees, push off with L and turn $\frac{1}{4}$ R stepping side R opening knees 12:00

&8 Touch L next to R closing knees, push off with R stepping L side L

B[17-32] (Repeat 1-16 one more time 6:00)

Tag: 1-4 Touch R fwd, touch R side R, touch R next to L, hold. (After wall 2 facing 12:00, after wall 3 facing 6:00)

Contact: andie2974@yahoo.com
