

# Derek's Pledge

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Lisa McCammon (USA) - November 2015

Musik: Break Your Heart - Derek Ryan



#16 count intro - Start weight on L

Note from choreographer: for the easiest beginner steps, go by the headings. For more experienced students, offer some of the syncopated options written in italics.

**[1-8] □ R ROCKING CHAIR, STEP FORWARD, TURN LEFT ¼, STEP FORWARD, TURN LEFT ¼**

1-4 Rock forward R, recover weight L, rock back R, recover weight L

**(option 1&2&3&4: syncopated rocking chairs, ending weight L)**

5-8 Step forward R, turn left ¼ [9]; repeat, ending at [6], weight L

**[9-16] □ HEEL, TOE, TRIPLE FORWARD, HEEL, CLAP, TOE, CLAP, STOMP, CLAP-CLAP**

1-2 Touch R heel forward, touch R toes back

**(option 1&2: syncopated heel switches R&L)**

3&4 Step forward R, close L, step forward R

5& Touch L heel forward, clap

6& Touch L toes back, clap

7 Stomp slightly forward L

&8 Holding on L, clap twice

**\*\* RESTART – 3rd wall**

**[17-24] □ R FORWARD MAMBO, L BACK MAMBO, ROCKING CHAIR**

1&2 Rock forward onto R, recover weight L, step R slightly back

3&4 Rock back onto L, recover weight R, step L slightly forward

5-8 Rock forward onto R, recover weight L, rock back R, recover weight L

**(option: step forward R, turn left ½; repeat)**

**[25-32] □ ROCK FORWARD, RECOVER, TRIPLE BACK, BACK ROCK, RECOVER, STOMP, CLAP-CLAP**

1-2 Rock forward onto R, recover weight L

3&4 Step back R, close L, step back R

**(option: 1-2, 3&4: Step forward R, turn left ½, triple left RLR stepping side ¼, close, back ¼)**

5-6 Rock back onto L, recover weight R

7 Stomp slightly forward L

&8 Holding on L, clap twice

**(option: 5&6&7&8: back L, close R, triple fwd LRL, clap-clap)**

**\*\*RESTART during 3rd repetition after 16 counts. You will be facing [6] for the restart.**

All rights reserved, 16 November 2015. Text modified slightly on 19 November 2015.

Lisa McCammon, [www.peterlisamcc.com](http://www.peterlisamcc.com) and [dancinsfun@gmail.com](mailto:dancinsfun@gmail.com)

This step sheet is not authorized for publication on Kickit.