

My Life Is An Open Book

COPPER KNOB
BYEPOSTETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Elke Abele (TUR) - November 2015

Musik: Open Book - Scooter Lee



RUMBA BOX, HOLD, RUMBA BOX, HOLD

1-2-3-4 Step R, L together, R forward, hold
5-6-7-8 Step L, R together, L back, hold (weight on L)

BACK ROCK STEP, TOGETHER, HOLD, SIDE ROCK STEP, TOGETHER, HOLD

1-2-3-4 Step R back, recover on L, R together, hold
5-6-7-8 Step L to L side, recover on R, L together, hold (weight on L)

FORWARD, ¼ TURN, CROSS, HOLD, ¼ TURN, ½ TURN, STEP L, HOLD

1-2-3-4 Step R forward, ¼ turn L and recover on L, R across, hold
5-6-7-8 ¼ turn R and step L back, ½ turn R and step R forward, L forward, hold (weight on L)

FORWARD, ¼ TURN, CROSS, HOLD, SIDE ROCK STEP, TOGETHER, HOLD

1-2-3-4 Step R forward, ¼ turn L and recover on L, R across, hold
5-6-7-8 Step L to L side, recover on R, L together, hold (weight on L)

REPEAT

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