One Good Night



Count: 48 Wand: 2 Ebene: Improver

Choreograf/in: Micaela Svensson Erlandsson (SWE) - November 2015

Musik: One Good Night - Derek Ryan

Intro: 32 counts

Section 1: Side. Behind. Right Chasse. Cross Rock. Left Chasse 1/4 turn left.

1-2 Step right to right. Step left behind right.

3&4 Step right to right. Close left beside right. Step right to right. 5-6 Rock forward on left crossing right. Recover onto right.

7&8 Step left to left. Close right beside left. Turn 1/4 left stepping forward on left.

Section 2: Forward Full Turn. Forward Mambo. Sweep back. Sweep back. Coaster Step.

1 Turn 1/2 over left shoulder stepping back on right. 2 Turn 1/2 over left shoulder stepping forward on left.

3&4 Rock forward on right. Recover onto left. Step back on right.

5 Sweep left from front to back stepping back on left. 6 Sweep right from front to back stepping back on right.

7&8 Step back on left. Step right beside left. Step forward on left.

Restart here: Walls 3 & 6

Section 3: Step. 1/4 Turn left. Kick Ball. Heel. Point left. Point right. Tap. Unwind 1/2 right.

1-2 Step forward on right. Turn 1/4 left.

3&4& Kick right forward. Step right in place. Touch left heel forward. Step left beside right.

5& Point right to right side. Step right beside left. 6& Point left to left side. Step left beside right.

7-8 Tap right back. Unwind 1/2 right.

Section 4: Step. Kick. Ball. Left Point. Right Point. Hitch right. Cross. Heel Jack. Cross Shuffle.

1-2&3 Step forward on left. Kick right forward. Step down on right. Point left to left.

&4& Step left beside right. Point right to right. Hitch right knee up.

Ending here: After the points.

5&6 Cross right over left. Step left foot diagonally back. Touch right heel forward. Step onto right foot. Cross left over right. Step right to right. Cross left over right. &7&8

Section 5: Rock 1/4 Turn left. Cross Shuffle. Side. Behind. Left Chasse.

1-2 Rock right. Recover onto left turning 1/4 left.

3&4 Cross right over left. Step left to left. Cross right over left.

5-6 Step left to left. Step right behind left.

7&8 Step left to left. Close right beside left. Step left to left.

Section 6: Cross. Rock Chasse 1/4 turn right. Step 1/2 turn right. Forward Shuffle.

1-2 Rock forward on right crossing left. Recover onto left.

3&4 Step right to right. Close left beside right. Turn 1/4 right stepping forward on right.

5-6 Step forward on left. Turn 1/2 right.

7&8 Step forward on left. Close right beside left. Step forward on left.

Restarts: On wall 3 (Facing 9 o'clock) & 6 (Facing 6 o'clock) After Section 2

Note: First you dance 2 walls (12 & 6) but after the Restart you dance 2 other walls (3 & 9).

After the 2nd Restart you go back to dancing 12 &6 again until the end.

Ending: Dance until Step 4 of Section 4.

Ball. Tap. Unwind 1/2 left.

& 5-6

Step right beside left. Tap left toes back. Unwind 1/2 left.