

Rumba LDIB-6

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Yerry Adrians (INA) - October 2015

Musik: La porta del cuore (Rumba lenta) - Mirna Fox : (Album: Balla E Sorridi Vol. 3 - Musica Da Ballo Liscio E)



Intro 32 Count - No Tag, No Restart

S1: FORWARD RUMBA WALK, HOLD

1-4 Walk forward R, L, R, Hold

5-8 Walk forward L, R, L, Hold

S2: BACKWARD RUMBA WALK, HOLD

1-4 Walk backward R, L, R, Hold

5-8 Walk backward L, R, L, Hold

S3: SIDE ROCK, RECOVER, CROSS OVER, HOLD (RIGHT AND LEFT)

1-4 Rock R to side, Recover on L, Cross R over L, Hold

5-8 Rock L to side, Recover on R, Cross L over R, Hold

S4: PIVOT ½ LEFT, HOLD, PIVOT ½ RIGHT, HOLD

1-4 Step R forward, Turn ½ L on L, Step R forward, Hold

5-8 Step L forward, Turn ½ R on R, Step L forward, Hold

S5: RIGHT GRAPEVINE, DIAGONAL FORWARD, DIAGONAL FORWARD, 1/8 RIGHT, SIDE, CROSS

1-4 Step R to side, Cross L behind R, Step R to side, Step L diagonally R

5-8 Step/Rock R diagonally R bend L knee, Recover on L, Turn 1/8 R step R to side, Cross L over R

S6: ¼ LEFT, BACK, ¼ LEFT, ROCKING CHAIR, HOLD

1-4 Turn ¼ L step back on L, Turn ¼ L Step L forward, Rock R forward, Recover on L

5-8 Rock R backward, Recover on L, Step R forward, Hold

S7: ROCK, RECOVER, BACKWARD, HOLD, ½ RIGHT, PIVOT ½ RIGHT, FORWARD

1-4 Rock L forward, Recover on R, Step L backward, Hold

5-8 Turn ½ R step R forward, Step L forward, Turn ½ R step R forward, Step L forward

S8: □SIDE, TOUCH, SIDE, TOUCH, SWAY, HOLD, SWAY, SWAY, SWAY

1-4 Step R slightly to side, Touch L beside R, Step L slightly to side, Touch R beside L

5-6 Sway R to side, Hold

7&8 Sway L, R, L

Repeat Dance

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