

Lost & Found

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Chris Watson (AUS) - September 2015

Musik: On To Something Good - Ashley Monroe : (iTunes)



Side, Rock, Replace, Step Lock Step, ½ Turn Pivot, ½ lock back.

1,2,3,4 Step L to L side , Rock R behind L and forward onto L, Step forward onto R,
&5,6,7,8& Lock L behind R and step forward onto R , Step L foot forward ½ Pivot over R taking weight onto R, ½ turn L Stepping back onto L , Lock R over L. (12 O'Clock)

¼ Rock Replace, R Sailor , Behind , ¼ Step, Pivot ½ turn □

12,3,4& Step back onto L, ¼ turn R rocking R to R side, rock weight onto L, Step R behind L, Step L to L side
5,6,7,8& Step R back to centre, Step L behind r , ¼ turn R stepping forward onto R , Step L foot forward , Pivot ½ turn R taking weight onto R foot (12 O'Clock)

Dorothy L, Dorothy R, Forward Mambo step, Coaster step and step forward

1,2&3,4& Step forward onto L, Lock R behind L , Step L forward, Step forward onto R , Lock L behind R and step forward onto R
5&6,7&8& Rock forward onto L , step weight back onto R , Step L foot back. Step R foot back, Bring L together with R , Step R foot forward and Step forward onto L*

¼ Pivot , Sailor Step, Back Sweep, Back Sweep, Rock Back & Touch together.

1,2,3&4 Step forward onto R , ¼ turn pivot L taking weight onto L , Step r foot behind L, Step L foot to L side and recover weight to r in centre, (9 O'clock)
5,6,7&8 Step L foot back, Sweep Right toe from front to Back and step R foot back then sweep L toe from front to back, Rock back onto L, weight forward onto R and touch L toe together with R.

[32] Counts Restart Dance In New Direction

Restarts:

Wall 3 Dance to Counts 24, On the end count rather step stepping L forward, simply touch L toe together and restart dance on wall 4 (facing 6 O'Clock)

Wall 6 Dance to Counts 24, On the end count rather step stepping L forward, simply touch L toe together and restart dance on wall 7 (facing 12 O'Clock)

Contact: www.dare2dance.org - 0404 170 276 - www.mayworth.com.au