

Mama's Broken Heart

Count: 32

Wand: 2

Ebene: Newcomer

Choreograf/in: Linda Eihentāle - November 2015

Musik: Mama's Broken Heart - Miranda Lambert



S1: SIDE ROCK, RECOVER, SAILOR STEP, HITCH-STEP BACK 2X, COASTER STEP

- 1 RF rock to right side
- 2 LF recover
- 3 RF cross behind LF
- & LF step next to RF
- 4 RF step to right side
- & LF hitch
- 5 LF step back
- & RF hitch
- 6 RF step back
- 7 LF step back
- & RF step next to LF
- 8 LF step forward

S2: SCUFF, HITCH-TURN ½, COASTER STEP, TOUCH SIDES, KICK, FLICK

- 1 RF scuff forward
- & RF hitch while turning ½ left
- 2 RF step back
- 3 LF step back
- & RF step next to LF
- 4 LF step forward
- 5 RF touch right side
- & RF step next to LF (weight on RF)
- 6 LF touch left side
- & LF step next to RF (weight on LF)
- 7 RF kick forward
- & RF step next to LF
- 8 LF flick back

S3: PIVOT ½, TURN 1 ¼, WAVE, LONG STEP

- 1 LF step forward
- 2 Turn ½ to right (weight on RF)
- 3 Turn ½ right LF step back
- & Turn ½ right RF step forward
- 4 Turn ¼ right LF step to left side
- 5 RF step behind LF
- & LF step next to RF
- 6 RF cross LF
- 7 LF step to left side
- 8 Hold

S4: SAILOR STEP, WAVE, MONTEREY TURN ¼, HITCH, STEP, TOUCH

- 1 RF step behind LF
- & LF step next to RF
- 2 RF step to right side
- 3 LF step behind RF

& RF step next to LF
4 LF cross RF
5 RF touch right side
& Turn $\frac{1}{4}$ to right side
6 LF touch left side
& LF hitch
7 LF step next to RF
8 RF touch next to LF

Restart 1 in wall 3, after first 12 counts;

Restart 2 in wall 6, after first 12 counts;

Restart 3 in wall 7(continue dancing while there is a pause in music)after first 24 counts.

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