

# Weigh, Hey And Up She Rises

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Maryloo (FR) - October 2015

Musik: Weigh, Hey and Up She Rises - The Irish Rovers



**Intro : 24 counts ( 12 seconds)**

## **BRUSH, CROSS BRUSH, BRUSH, HITCH, TOGETHER (2X)**

1-2 Brush R forward, brush R across L,

3&4 Brush R forward, Hitch R Knee, R next to L.

5-6 Brush L forward, brush L across R,

7&8 Brush L forward, Hitch L Knee, step L next to R.

Option : You can make a « hop » at the same time you make a « hitch » !

## **BRUSH, CROSS BRUSH, BRUSH, HITCH, TOGETHER, FULL TURNING VOLTA STEP L.**

1-2 Brush R forward, brush R across L,

3&4 Brush R forward, Hitch R Knee, step R next to L.

5& Make ¼ turn L and step L forward, lock R behind L.

6& Make ¼ turn L and step L forward, lock R behind L

7& Make ¼ turn L and step L forward, lock R behind L

8 Make ¼ turn to L and step L. forward (12.00)

## **CROSS ROCK, SIDE SHUFFLE TO R., CROSS ROCK, SIDE SHUFFLE ¼ TURN L.**

1-2 Cross R over L, recover on L

3&4 Step R to right, step L next to R., step R to right

5-6 Cross PG over PD, recover on R.

7&8 Step L to left, step R next to L., make ¼ turn to L and step L forward (9.00)

## **PIVOT ½ TURN L., SHUFFLE FORWARD, FULL TURN TO RIGHT, STOMP L, STOMP-UP R.**

1-2 Step R forward, pivot ½ turn to L ( weight on L)

3&4 Step R forward, step L next to R, step R forward

5-6 Make ½ turn to R and step L behind, make ½ turn to R and step R forward

7-8 Stomp L in place, stomp -up R in place (3.00)

**Easy Option : 5-6 : Step L forward, step R forward**