Keeping My Cool



Count: 32 Wand: 4 Ebene: Easy Intermediate Cha Cha

Choreograf/in: Malene Jakobsen (DK) - October 2015

Musik: Keep My Cool - Madcon : (Single - iTunes)



Intro: 16 counts from the beginning 8 sec. seconds into track, dance begins with weight on L

[1-9] Walk fwd., L mambo, walk back, sailor 1/4 R

1-2-3	(1-2-3)	Walk fwd.	R.	L. R	12.0
1-2-3	(I-Z-3,	i vvaik iwu.	г,	L, Γ\	12.

4&5 (4) Rock fwd. on L, (&) recover onto R, (5) step slightly back on L 12.00

6-7 (6) Walk back on R, (7) walk back on L starting to sweep R into a sailor 12.00

8&1 (8) Cross R behind L making 1/4 R, (&) step slightly back on L, (1) step fwd. on R 3.00

[10-17] Walk fwd., L mambo, walk back, sailor 1/4 R

2-3 (2-3) Walk fwd. L, R 3.00

4&5 (4) Rock fwd. on L, (&) recover onto R, (5) step slightly back on L 3.00

6-7 (6) Walk back on R, (7) walk back on L starting to sweep R into a sailor 3.00

8&1 (8) Cross R behind L making 1/4 R, (&) step slightly back on L, (1) step fwd. on R 6.00

[18-25] Fwd. rock, coaster, step, touch, back lock

2-3 (2) Rock fwd. on L, (3) recover onto R 6.00

4&5 (4) Step back on L, (&) step R next to L, (5) step fwd. on L 6.00

6-7 (6) Step fwd. on R, (7) touch L behind R 6.00

8&1 (8) Step back on L, (&) lock R across L, (1) step back on L 6.00

[26-32] 1/4, touch, chasse, back rock, side together

2-3 (2) Turn 1/4 R stepping R to R, (3) touch L next to R 9.00 4&5 (4) Step L to L, (&) step R next to L, (5) step L to L 9.00

6-7 (6) Rock back on R, (7) recover onto L 9.00 8& (8) Step R to R, (&) step L next to R 9.00

Contact: lovelinedance@live.dk