

Booty Music (戰利品之歌) (zh)

COPPER KNOB
STEPSHETS

Count: 32

Wand: 4

Ebene: Beginner

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Musik: Booty Music - Git Fresh : (CD: Single)

第一段 Kick, Out, Out, Bump, Bump & Flick, Step & Drag; Triple Step, Step, ¼ Turn & Hitch 踢, 外, 外, 推臀, 推臀抬, 踏 & 拖, 小三步, 踏, 1/4 & 抬

1&2&3-4 Kick R forward (1), step R to R side (&), step L to L side bumping hip L (2), bump hips R, (&), bump hips L, flick R foot up behind L ankle (3), large step R to right side dragging left toe (4)
右足前踢, 右足右踏, 左足左踏左推臀, 右推臀, 左推臀右足於左足後勾抬, 右足右一大步左足拖併

5&6,7-8 Step L behind (5), step R to R side (&), step L across front of R (6), step R to R side bending knees (7), turn ¼ L lifting L knee pushing hips back & straighten R leg (8)
左足後踏, 右足右踏, 左足於右足前交叉踏, 右足右踏彎膝, 左轉90度左抬膝後推臀右足站直

第二段 Step, ¼ Turn, Bump R Twice; Side, Touch, Side, Touch (Body Rolls) 踏, 1/4, 右推臀二次, 側, 點, 側, 點(身體擺動)

1-2,3&4 Step L forward (1), turn ¼ turn L, step R to R side...now facing 6 o'clock (2), bump hips R twice (3&4)
左足前踏, 左轉90度右足右踏面向6點鐘, 右推臀二次

5-8 Step L to L side (5), touch R together (6), step R to R side (7), touch L together (8)...body roll left & right as an option
左足左踏, 右足併點, 右足右踏, 左足併點(身體可以隨性左右擺動)

第三段 Side, Hitch Turn, Lunge, Touch; Stomp, Hold, And Stomp, Scuff 側, 抬轉, 曲膝, 點, 重踏, 候, 重踏, 擦踢

1-4 Step L to L side bending knees (1), lift R knee turning ½ R on L foot (2) step R to R side with body facing R diagonal bending R knee in a lunge (3), touch together with L straightening R leg facing L diagonal (4)
左足左踏彎膝, 右膝抬右轉180度重心在左足, 面向斜角右足右曲膝踏, 左足併點面向左斜角

5-6&7-8 Stomp L to 9 o'clock wall (5), hold (6), step R together (&), stomp L to 9 o'clock wall (7), scuff R heel lifting knee...facing 11 o'clock (8)
左足面向9點鐘重踏, 候, 右足併踏, 左足面向9點鐘重踏, 右足踵擦踢抬膝面向11點鐘

第四段 Shoulders Side To Side; Touch Back, Turn, Touch Back, ½ Turn 肩膀側擺動, 後點, 轉, 後點, 轉1/2

1&2&3&4 & Body will remain facing diagonal for this section: Step R to R side and bump shoulders side to side R, L four times – you will feel your ribs moving side to side too (1&2&3&4&) knees straight on 1, bend on 2, straight on 3, bend on 4...as an option you can bump shoulders slowly R, L, R, L for counts 1-4
右足右踏, 肩膀右左擺動四次, 第1拍站直, 第2拍膝彎曲, 第3拍站直, 第4拍彎曲.....

5-8 Touch R toe back (5), rotate R on ball of L to face the 3:00 wall – this is slightly less than ½ turn (6), touch R toe back (7), rotate ½ turn R on ball of L to face new wall (8)...now facing 9 o'clock
右足趾後點, 右轉面向3點鐘, 右足趾後點, 右轉180度面向9點鐘