

# Rocking on a Seacruise

**COPPER** **NOB**  
BY SHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Mike Stringer (UK) & Ryan King (UK) - October 2015

Musik: Rockin' On a Seacruise - The Lennerockers



**Intro: 32 Counts – Start on vocals**

## **R Grapevine L Touch, Point & Touch x 2, L Grapevine R Touch, Right Hip Bump x 2**

- 1 & 2& Step Right to Right side, step Left behind Right. Step Right to Right side, touch Left next to Right. (12 o'clock)
- 3 & 4& Point Left to Left side, touch Left next to Right. Point Left to Left side, touch Left next to Right.
- 5 & 6& Step Left to Left side, step Right behind Left. Step Left to Left side, touch Right next to Left.
- 7 & 8& Bump Right hip, recover weight Left. Bump Right hip, recover weight Left.

## **R Shuffle, L Mambo, Sweep R L, R Rock ½ Turn Kick**

- 1 & 2 Step forward Right, step Left next to Right, step forward Right.
- 3 & 4 Rock forward Left, recover onto Right, step back Left.
- 5 6 Sweep Right leg round stepping back Right, sweep Left leg round stepping back Left.
- 7 & 8& Rock back Right, recover onto Left, step back ½ Right, kick Left forward. (6 o'clock)

## **Behind Side Cross, R Side Together Forward, Side Touches, L Side Together Back**

- 1 & 2 Step Left behind Right, step Right to Right side, step Left over Right.
- 3 & 4 Step Right to Right side, step Left next to Right, step forward Right.
- 5 & 6& Step Left to Left side, touch Right, Step Right to Right side, touch Left.
- 7 & 8 Step Left to Left side, step Right next to Left, step back Left.

## **R Side Toe Strut, L Cross Toe Strut, R Rocking Chair, R Rock ¼ Step, Run L R L**

- 1 & 2& Step Right toe to Right side, drop heel, step Left toe over Right, drop heel.
- 3 & 4& Rock forward Right, recover onto Left, rock back Right, recover onto Left.
- 5 & 6 Rock out Right, make ¼ Left, step forward Right. (3 o'clock)
- 7 & 8 Run forward Left, Right, Left.

**Last Update – 12th Oct. 2015**

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