

# Cross Our Hearts (祈禱) (zh)

COPPER KNOB  
STEPPERS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Doug Miranda (USA) & Jackie Miranda (USA)

Musik: Does Jesus Ever Cross Your Heart - Nancy Hays : (CD: Get In Line - ECS / Polka)



- 第一段** **Heel, Hook, Heel, Flick, Shuffle Forward; Jazz Box ¼ Turn Left**  
踵勾, 踵抬, 前交換, 左1/4爵士方塊帶點
- 1&2& Touch Right Heel Forward, Hook Right Heel Over Left, Touch Right Heel Forward, Hitch And Flick Right Heel Up  
右足踵前點, 右足踵於左足前勾, 右足踵前點, 右膝抬
- 3&4 Shuffle Forward Stepping Right Forward, Step Left Next To Right, Step Right Forward 前交換-右足前踏, 左足併踏, 右足前踏
- 5-8 Cross Left Over Right, Turn ¼ Left As You Step Right Back, Step Left Next To Right, Touch Right Next To Left (Weight Is On Left)  
左足於右足前交叉踏, 左轉90度右足後踏, 左足併踏, 右足併點(重心在左足)
- 第二段** **Side Shuffle Right, ¼ Turn Left, Side Shuffle Left, ¼ Turn Left, ¼ Turn Left** 右交換, 左1/4左交換, 踏 1/4, 踏 1/4
- 1&2 Shuffle To Right Side Stepping Right To Right Side, Step Left Next To Right, Step Right To Right Side  
右交換-右足右踏, 左足併踏, 右足右踏
- 3&4 Make A ¼ Turn Left As You Side Shuffle To Left Stepping Left To Left Side, Step Right Next To Left, Step Left To Left Side  
左90度轉交換-左足左踏, 右足併踏, 左足左踏
- 5-6 Step Forward On Right, Turn ¼ Turn Left Shifting Weight To Left  
右足前踏, 左轉90度重心在左足
- 7-8 Step Forward On Right, Turn ¼ Turn Left Shifting Weight To Left  
右足前踏, 左轉90度重心在左足
- 第三段** **Heel Switches, Heel, Hook, Cross Tap Touch; Shuffle Forward, ½ Turn Right Shuffle Back** 踵收 踵收 踵抬點, 前交換, 右轉交換
- 1&2 Touch Right Heel Forward, Step Right Next To Left, Touch Left Heel Forward 右足踵前點, 右足併踏, 左足踵前點
- &3 Step Left Next To Right, Touch Right Heel Forward  
左足併踏, 右足踵前點
- &4 Hitch Hook Right Crossing It Over Left And Tap Right Toe Crossed Over Left (Weight Is Still On Left)  
右足抬, 右足趾於左足前交叉點(重心在左足)
- 5&6 Shuffle Forward Stepping Right Forward, Step Left Next To Right, Step Right Forward 前交換-右足前踏, 左足併踏, 右足前踏
- 7&8 Continue To Make Another ½ Turn Right As You Triple Back Left, Right, Left 右180度轉交換-左, 右, 左
- 第四段** **Back Coaster Step, Cross, Point Side, Cross, Turn ¼ Right Point Side, Cross, Point Side** 海岸步, 交叉點, 交叉 1/4點, 交叉點
- 1&2 Step Back On Right, Step Left Next To Right, Step Forward On Right  
右足後踏, 左足併踏, 右足前踏
- 3-4 Cross Left Over Right, Point Right To Right Side (Weight Remains On Left)  
左足於右足前交叉踏, 右足右點(重心在左足)
- 5-6 Cross Right Over Left, Turn ¼ Right As You Point Left To Left Side (Weight Is On Right) 右足於左足前交叉踏, 右轉90度左足左點(重心在右足)
- 7-8 Cross Left Over Right, Point Right To Right Side (Weight Is On Left)  
左足於右足前交叉踏, 右足右點(重心在左足)

## Ending

You will be at the front wall starting the dance from the beginning when the song is coming to an end. Dance counts 1-10. For the ending do a triple step 3&4 left, right, left as you turn  $\frac{3}{4}$  turn to the left, facing the front, ending with your weight on your left and ending with the last beat of music

結束時, 面向前面牆跳至第二段2拍後, 原先左90度轉交換改成左270度轉交換面向前面牆, 重心在左足結束舞曲

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