

# Like A Hula Hula Hoop

**COPPER** **KNOB**  
STEPSHEETS

Count: 64

Wand: 4

Ebene: Phrased Easy Intermediate

Choreograf/in: Wil Bos (NL) & Dwight Meessen (NL) - September 2015

Musik: Hula Hoop - Omi : (Single)



**Intro: 32 counts - Sequence: AA, BB, A16, AA, BB, A, Tag, B, A, Ending**

## **PART A – 32 counts**

### **A1: Rock Side Recover, Close, Rock Side Recover, Close, Rock Fwd Recover, Shuffle ½ Turn R**

1-2 RF rock side, LF recover  
&3-4 RF together, LF rock side, RF recover  
&5-6 LF together, RF rock forward, LF recover  
7&8 RF ¼ right step side, LF step beside, RF ¼ right step forward [6]

### **A2: Cross, ¼ Turn L Back, Coaster, Fwd, Hold, Ball, Walk x2**

1-2 LF cross over, RF ¼ left step back  
3&4 LF step back, RF together, LF step forward  
5-6 RF step forward, hold  
&7-8 LF together, RF step forward, LF step forward [3]

### **A3: Rock Fwd Recover, Triple Full Turn R, Side Point x2**

1-2 RF rock forward, LF recover  
3&4 RF ½ right step in place, LF step beside, RF ½ right step in place  
5-8 LF step side, RF point side, RF step side, LF point side [3]

### **A4: Diag. Rock Back Recover, Shuffle Fwd, Pivot ½ Turn L, Rock Fwd Straightening Up Recover**

1-2 LF ⅛ left rock back, RF recover  
3&4 LF step forward, RF step beside, LF step forward  
5-6 RF step forward, R+L ½ turn left  
7-8 RF rock forward, LF ⅛ right recover [9]

## **PART B – 32 counts**

### **B1: Rolling Vine, Point Clap (x2)**

1-4 RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side and clap  
5-8 LF ¼ left step forward, RF ½ left step back, LF ¼ left step side, RF point side and clap

### **B2: Hip Bumps, Hip Rolls**

1-4 RF step side and bump hips right, hips right, hips left, hips left  
5-8 roll hips cw in 2 counts, roll hips cw in 2 counts

### **B3: Pivot ½ Turn L x2, Rocking Chair**

1-4 RF step forward, R+L ½ turn left, RF step forward, R+L ½ turn left  
5-8 RF rock forward, LF recover, RF rock back, LF recover

### **B4: Hip Bumps, Hip Rolls**

1-4 RF step side and bump hips right, hips right, hips left, hips left  
5-8 roll hips cw in 2 counts, roll hips cw in 2 counts

### **TAG: Side Rock Recover, Back Rock Recover**

1-4 RF rock side, LF recover, RF rock back, LF recover

### **Ending: End after the last part A with:**

1-3 RF rock forward, LF recover, RF ½ right step forward [12]

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