

Chilly Cha Cha (熱火恰恰) (MAGIC CHA CHA) (zh)

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Ruth Elias (UK) & Pauline Morgan (UK) - 2001年06月

Musik: Chilly Cha Cha - Jessica Jay



前奏 : 16 counts from first beat, on vocal (app. 7 secs into track). Start with weight on L foot

第一段 CROSS RIGHT LEFT, STEP LOCK STEP, ROCK STEP, STEP LOCK STEP 交叉-右, 左, 前鎖步, 下沉 回復, 後鎖步

- 1-2 Cross right foot over left, (stepping slightly diagonally forward), cross left foot over right, (stepping slightly diagonally forward)
右足於左足略斜前交叉踏, 左足於右足略斜前交叉踏
- 3&4 Step forward on right foot, lock left foot behind right, step forward on right 右足前踏, 左足於右足後鎖踏, 右足前踏
- 5-6 Rock forward on left foot, step back onto right
左足前下沉, 右足回復
- 7&8 Step back on left foot, lock right foot in front of left, step back on left 左足後踏, 右足於左足前鎖踏, 左足後踏

第二段 SIDE ROCK ¼ TURN, CHA-CHA-CHA, ROCK STEP, STEP LOCK STEP 右下沉 1/4, 前交換, 下沉 回復, 後鎖步

- 1-2 Rock to the right side on right foot, make a ¼ turn left as you rock onto left foot 右足右下沉, 左轉90度左足勾
- 3&4 Cha-cha-cha forward on right, left, right 前交換-右, 左, 右
- 5-6 Rock forward on left foot, step back onto right foot
左足前下沉, 右足回復
- 7&8 Step back on left, lock right foot in front of left, step back on left 左足後踏, 右足於左足前鎖踏, 左足後踏

第三段 ROCK STEP, CHA-CHA-CHA, HIP BUMPS, CHA-CHA-CHA IN PLACE 後下沉 回復, 前交換, 推臀, 原地小三步

- 1-2 Rock back on right foot, step forward onto left foot
右足後下沉, 左足回復
- 3&4 Cha-cha-cha forward on right, left, right 前交換步-右, 左, 右
- 5-6 Step left foot slightly diagonally forward as you bump hips left, right 左足略斜前踏左推臀, 右推臀
- 7&8 Cha-cha-cha on the spot left right left, as you swing your hips left, right, left 原地恰恰恰帶擺臀-左, 右, 左

第四段 ROCK STEP TWICE, STEP TURN HOOK, STEP LOCK STEP 搖椅步, 踏轉帶勾, 前鎖步

- 1-4 Rock forward onto right foot, step back onto left foot, rock back onto right foot, step forward onto left foot
右足前下沉, 左足回復, 右足後下沉, 左足回復
- 5-6 Step forward on right foot, pivot ½ turn left on ball of right foot (hooking left foot across right leg)
右足前踏, 左軸轉180度(左足於右足前勾)
- 7&8 Step forward on left foot, lock right foot behind left foot, step forward on left foot 左足前踏, 右足於左足後鎖踏, 左足前踏

