

Cumbia Semana (歡樂週末) (zh)

COPPER KNOB
STEPSHEETS

Count: 48

Wand: 1

Ebene: Improver

Choreograf/in: Ira Weisburd (USA) - 2009年07月

Musik: Fin de Semana - Fito Olivares



第一部份 R Rocking Chair, R Side Mambo Step; L Rocking Chair, L Side Mambo Step 右搖椅步, 右曼波, 左搖椅步, 左曼波

1&2& Rocking chair Step forward on R, recover back on L, Step back on R, recover forward on L 右足前踏, 左足回復, 右足後踏, 左足回復

3&4 右曼波 Step R to R, Recover L on L, Step close R to L, hold 右足右踏, 左足回復, 右足併踏, 候

5&6&7&8 repeat Repeat Part 1. (1-4) with opposite footwork and direction. 用另一腳及另一方向重覆前4拍

9-16 repeat Repeat Part 1. (1-8). 重覆前8拍

第二部份 Side, together, ½ turn R; Side, together, side, touch; Paddle turn to L w/R to face forward again) 側, 併, 右1/2, 側, 併, 側, 點, 右轉左足划槳步

1&2& 轉追步 Step R to R, Step close L to R, make ½ turn R on R, hold 右足右踏, 左足併踏, 右轉180度, 候

3&4& 左追步 Step L to L, Step close R to L, Step L to L, hold 左足左踏, 右足併踏, 左足左踏, 候

5&6&7&8 轉划槳步 Step on R, make 1/8 turn L on L, Step on R, make 1/8 turn L on L, Step on R, make 1/8 turn L on L, Step on R, make 1/8 turn L on L 右足踏, 左轉45度, 右足踏, 左轉45度, 右足踏, 左轉45度, 右足踏, 左轉45度

9-16 repeat Repeat Part 2 (1-8) with opposite footwork & direction. 用另一腳及另一方向重覆前8拍

第三部份 Double Rocking Chair diagonally to the L corner; Double Rocking Chair diagonally to the R corner; Cross, Cross, Back, Together; Cross, Cross, Back, Together 左斜前雙搖椅步, 右斜前雙搖椅步, 交叉, 交叉, 後, 併, 交叉, 交叉, 後, 併

1&2& 斜角 Rocking chair (Facing L forward corner) Step forward on R, recover back on L, Step back on R, recover forward on L (面向左斜前) 右足前踏, 左足回復, 右足後踏, 左足回復

3&4 下沉回復右 Step forward on R, recover back on L, step R to R (to face R forward corner) 右足前踏, 左足回復, 右足右踏(面向右斜前)

5&6&7&8 repeat Repeat Part 3 (1-4) with L foot. 重覆前4拍

9-12 踏交叉後左 Step forward on R, Step L across R, Step back on R, Step L to L. 右足前踏, 左足於右足前交叉踏, 右足後踏, 左足左踏

13-16 repeat Repeat Part 3 (9-12). 重覆前4拍