

Hey Valerie

Count: 56

Wand: 2

Ebene: Beginner / Improver - Contra / Fun



Choreograf/in: Vikki Morris (UK) - August 2015

Musik: Hey, Valerie! - The Derailers : (Album: Soldiers of Love - Amazon, iTunes)

Start: 16 counts on the second "Hey"

Ladies on the outside, Men inside facing lady, leaving space between each couple for two people to get through

S1: Walk Right, Left, Right, Kick Left (Touch Hands), Walk Back Left, Right, Left, Touch Right (Clap Hands)

1 2 3 4 Walk forward, Right, Left, Right, Kick Left forward (touch hands with your partner)

5 6 7 8 Walk back Left, Right, Left, Touch Right next to Left and clap your hands

S2: Step Right, Shimmy x 2, Touch Left (Clap Hands), Step Left, Shimmy x2, Touch Right (Clap Hands)

1 2 3 4 Step Right to Right side, Shimmy shoulders over 2 counts, Touch Left next to Right and clap your hands

5 6 7 8 Step Left to Left side, Shimmy shoulders over 2 counts, Touch Right next to Left and clap your hands

S3: Walk Right, Left, Right, Kick Left (Touch Hands), Walk Back Left, Right, Left, Touch Right (Clap Hands)

1 2 3 4 Walk forward, Right, Left, Right, Kick Left forward (touch hands with your partner)

5 6 7 8 Walk back Left, Right, Left, Touch Right next to Left and clap your hands

S4: Step Right, Touch Left, Step Left, Touch Right, ¼ Turn Right, Touch Left, Step Left, Touch Right

1 2 3 4 Step Right to Right side, Touch Left next to Right, Step Left to Left side, Touch Right next to Left

5 6 7 8 Turn ¼ turn Right stepping forward Right, Touch Left next to Right, Step Left to Left Side, Touch Right next to Left. (You should now be opposite your partner but have your back to them and you should be facing your neighbour).

S5: Step Right, Touch Left, Step Large Left, Touch Right, ¼ Turn Right, Touch Left, Step Left, Touch Right

1 2 3 4 Step Right to Right side, Touch Left next to Right, Step large Left to Left side, Touch Right next to Left

5 6 7 8 Turn ¼ turn Right stepping Right to Right side, Touch Left next to Right, Step Left to Left Side, Touch Right next to Left. (You should now be facing your partner again but in the place where they first started the dance)

S6: Stomp Right, Fan Right Toes Right, Left, Step Right, Stomp Left, Fan Left, Right, Step Left

1 2 3 4 Stomp Right forward, Fan toes to Right, Fan toes to Left, Step Right next to Left

5 6 7 8 Stomp Left forward, Fan toes to Left, Fan toes to Right, Step Left next to Right

****Restart here walls 3 & 4****

S7: Right Chasse, Left Rock Back. Recover Right, Left Chasse, Right Rock Back, Recover Left

1&2 Step Right to Right side, Step Left next to Right, Step Right to Right side

3 4 Rock back on Left, Recover on Right

5&6 Step Left to Left side, Step Right next to Left, Step Left to Left side

7 8 Rock back on Right, Recover on Left

START AGAIN AND SMILE

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