Ah Yeah

Count: 48

Ebene: Phrased Improver

Choreograf/in: Stella Kim (KOR) - August 2015 Musik: Ah Yeah - EXID

Intro: 16 counts - Sequence: intro-A-B-B -A-B-A -B-B-A -B-B-TAG -A-B -A-A

PART A(16COUNTS)

S A1: (KNEES ROLL FROM IN TO OUT) X 4

- 1-4 Both Knee Roll from inside to outside X 2
- 5-8 Repeat upper steps

Option: If you want to get a more rhythmical movement, move your weight to right on 1-4 counts and move to left on 5-8 counts(In this time, you have to stay body direction to center)

Hand movement: While you are dancing section 1, your hands in your pockets or put your hands on the belt line

S A2: CROSS, TOUCH, CROSS, TOUCH, TOUCH, TOUCH, BACK ROCK, RECOVER

- 1-4 RF cross over LF, LF side touch, LF cross over RF, RF side touch
- 5-8 RF forward touch, RF side touch, RF back rock, LF recover

PART B(32COUNTS)

S B1: TOE STRUT, TOE STRUT, JAZZ BOX 1/4 TURN R, CROSS, SIDE

- 1-4 RF forward toe touch, heel down, LF forward toe touch, heel down
- 5-6& RF cross over LF. 1/4 turn to R with LF back. RF side
- 7-8 LF cross over RF, RF side(3:00)

S B2: BACKWARD WITH DRAG, BALL CHANGE, FORWARD, FORWARD, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER

- 1-2& LF backward long step, RF drag with heel, RF closed LF with ball
- 3-4 LF forward, RF forward
- LF cross rock, RF recover, LF side 5-6&
- 7-8 RF cross rock, LF recover(3:00)

S B3: HEEL TWIST X6, 1/2 TURN TO R WITH SIDE, SIDE

- 1&2& RF side with both heel to R, both heel to L, both heel to R, both heel to L (1&: heel up, 2&: heel down)
- 3&4& Repeat upper steps
- Both heel to R, both heel to L, both heel to R (5&: heel up, 6: heel down) 5&6
- 1/2 turn to R with weight on LF, RF side, LF side(9:00) &7-8

S B4: (HOLD, SIDE AND HITCH, STEP) X2, FORWARD TOUCH, SIDE TOUCH, BACK TOUCH, 1/2 **UNWIND TURN TO L**

- Hold(both knee down), LF slightly side to R(L knee straight) and RF hitch, RF step 1&2
- 3&4 Repeat upper steps
- 5-6 LF forward touch, LF side touch
- 7-8 LF back touch, 1/2 unwind turn to L(weight on L)(3:00)

TAG(4 COUNT)

1-4 RF side with hip circling in a clockwise(On count 4, weight on LF)

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Wand: 4