

Sunshine and Rain

Count: 122

Wand: 4

Ebene: Phrased Improver

Choreograf/in: Sharon K (SG) - August 2015

Musik: Come Back to You - Jimmy Ye & The Sam Willows



Introduction: 8 counts (when background music starts) - Sequence: ABC ABCC A*BBA*

Part A (68 counts – 4 wall)

A[1-8] □ R twinkle, L twinkle. R side rock, L recover, hinge full turn to L.

- 1&2 Cross R over L, step L beside R, step R to R.
3&4 Cross L over R, step R beside L, step L to L.
5-6 Step R to R side, recover on L.
7-8 Step R to side ½ turn to R [6.00], step L to side ½ turn to R (travelling to L) [12.00].

A[9-16] □ R sailor, L sailor. R cross rock, L recover, ¼ R, walk fwd.

- 1&2 Cross R behind L, step L to L, step R to R.
3&4 Cross L behind R, step R to R, step L to L.
5-6 Cross R over L, recover on L.
7-8 Step R forward ¼ turn R, step L forward [3.00].

A[17-24] □ R fwd rock, L recover, shuffle back. L back rock, R recover, full turn fwd.

- 1-2 Step R forward, recover on L.
3&4 Step R back, step L beside R, step R back.
5-6 Step L back, recover on R.
7-8 Step L back ½ turn [9.00], step R forward ½ turn (travelling forward) [3.00].

A[25-32] □ Skate L,R, shuffle fwd. Pivot ½ L, skate R, L.

- 1-2 Skate L forward, skate R forward.
3&4 Step L forward, step R beside L, step L forward.
5-6 Step R forward, step L forward ½ turn to L [9.00].
7-8 Skate R forward, skate L forward.

A[33-40] □ Walk fwd x3. Kick L fwd. Walk back x3. Touch R.

- 1-4 Walk forward R, L, R. Kick L forward.
5-8 Walk back L, R, L. Touch R beside L. *restart*

A[41-48] □ R side rock, L recover, cross shuffle. L side rock, R recover, L cross unwind ½ R.

- 1-2 Step R to R side, recover on L.
3&4 Cross R over L, step L beside R, cross R over L.
5-6 Step L to L side, recover on R.
7-8 Cross touch L over R, unwind ½ turn to R (weight on L) [3.00].

A[49-56] □ R cross rock, L recover, side shuffle. L cross rock, R recover, side shuffle.

- 1-2 Cross R over L, recover on L.
3&4 Step R to R side, step L beside R, step R to R side.
5-6 Cross L over R, recover on R.
7&8 Step L to L side, step R beside L, step L to L side.

A[57-64] □ R jazz box. Walk fwd x3. Point L.

- 1-4 Cross R over L, step L back, step R to R, step L forward.
5-8 Walk forward R, L, R. Point L to L side.

A[64-68] □ L big step fwd, drag. Stomp R, L.

- 1-2 Big step L forward, drag R to L (no weight).
3-4 Stomp R beside L. Stomp L beside R.

Part B (38 counts – 2 wall)

B[1-8] □ R side rock, L recover, R sailor ¼ R. L side rock, R recover, L back unwind ½ L.

- 1-2 Step R to R side, recover on L.
3&4 Cross R behind L, step L to L side ¼ turn to L [9.00], step R to R side.
5-6 Step L to L side, recover on R.
7-8 Cross touch L behind R, unwind ½ turn to L (weight on L) [3.00].

B[9-16] □ Repeat 1-8

- 1-2 Step R to R side, recover on L.
3&4 Cross R behind L, step L to L side ¼ turn to L [12.00], step R to R side.
5-6 Step L to L side, recover on R.
7-8 Cross touch L behind R, unwind ½ turn to L (weight on L) [6.00].

B[17-24] □ R fwd rock, L recover, R coaster. Skate fwd x3. Touch R.

- 1-2 Step R forward, recover on L.
3&4 Step R back, step L beside R, step R forward.
5-8 Skate forward L, R, L. Touch R beside L.

B[25-30] □ Slow sweep R back, touch R.

- 1-5 Slow sweep R from front to back.
6 Touch R beside L.

B[31-38] □ Walk fwd x3. Point L. Walk back x3. Point R.

- 1-4 Walk forward R, L, R. Point L to L side.
5-8 Walk back L, R, L. Point R to R side.

Part C (16 counts – 1 wall)

C[1-8] □ R twinkle, L twinkle ½ L. R side rock, L recover, side shuffle.

- 1&2 Cross R over L, step L beside R, step R to R.
3&4 Cross L over R, step R back ¼ turn to L [9.00], step L to L side ¼ turn to L [6.00].
5-6 Step R to R side, recover on L.
7&8 Step R to R side, step L beside R, step R to R side.

C[9-16] □ L twinkle, R twinkle ½ R. L side rock, R recover, side shuffle.

- 1&2 Cross L over R, step R beside L, step L to L.
3&4 Cross R over L, step L back ¼ turn to R [9.00], step R to R side ¼ turn to R [12.00].
5-6 Step L to L side, recover on R.
7&8 Step L to L side, step R beside L, step L to L side.

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Music available for free download in 2015 at: <http://imclive-group.com/sing-love.html>
