

Disco Heat

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Lynn Antonucci (USA) - August 2015

Musik: Disco Inferno - The Trammps : (Single)



After 64 Counts, Start Dance On Vocals

COUNTS [1-8] SIDE, TOUCH, SIDE, TOUCH, SIDE, KICK, SIDE, KICK

- 1 – 4 Step R To R Side, Touch L Toe Next To R, Step L To L Side, Touch R Toe Next To L
- 5 – 8 Step R To R Side, Kick L Fwd, Step L To L Side, Kick R Fwd

COUNTS [9-16] TAP TOE FWD 2X, TAP TOE TO SIDE 1X, HOLD, KICK BALL CHANGE 2X

- 1 – 4 Tap R Toe Fwd 2x, Tap R Toe To Side 1x, Hold
- 5 & 6 R Kick Ball Change
- 7 & 8 R Kick Ball Change

COUNTS [17-24] CROSS STEP TURNING ¼, POINT TO SIDE, CROSS, POINT TO SIDE, JAZZ BOX, TOUCH

- 1 – 2 Cross Step R Over L Turning ¼ R, Point L Toe To L Side (3:00)
- 3 – 4 Cross Step L Over R, Point R Toe To R Side
- 5 – 8 Step R Across L, Step L Back, Step R To R Side, Touch L Toe Next To R

COUNTS [25-32] ROCK FWD, REC, SHUFFLE ½, SIDE ROCK, REC, BACK ROCK, REC

- 1 – 2 Rock L Fwd, Rec R
- 3 & 4 Shuffle L ½ Turn L (LRL) (9:00)
- 5 – 6 Rock R To R Side, Rec L
- 7 – 8 Rock R Back, Rec L

End of Dance, Repeat

TAG: End of Wall 8, Facing 12:00, Repeat Counts 5-8 Of Section 4, Restart Dance From the Beginning

ENDING: Wall 12 Begins Facing 3:00, Dance the Following 17 Counts Below:

COUNTS [1-8] SIDE, TOUCH, SIDE, TOUCH, TURN ¼, KICK, SIDE, KICK

- 1 – 4 Step R To R Side, Touch L Toe Next To R, Step L To L Side, Touch R Toe Next to L
- 5 – 8 Step Back On R Turning ¼ L, Kick L Fwd, Step L To L Side, Kick R Fwd (12:00)

COUNTS [9-16], 1 TAP TOE FWD 2X, TAP TOE TO SIDE, 1X, HOLD, KICK BALL CHANGE 2X, STEP FWD, POSE

- 1 – 4 Tap R Toe Fwd 2x, Tap R Toe To R Side, 1x, Hold
- 5 & 6, 7 & 8, 1 R Kick Ball Change 2x, Step Fwd On R, Pose and Smile

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Last Update – 4th Sept 2015