

# Disco Heat

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Lynn Antonucci (USA) - August 2015

Musik: Disco Inferno - The Trammps : (Single)



**After 64 Counts, Start Dance On Vocals**

**COUNTS [1-8] SIDE, TOUCH, SIDE, TOUCH, SIDE, KICK, SIDE, KICK**

- 1 – 4 Step R To R Side, Touch L Toe Next To R, Step L To L Side, Touch R Toe Next To L  
5 – 8 Step R To R Side, Kick L Fwd, Step L To L Side, Kick R Fwd

**COUNTS [9-16] TAP TOE FWD 2X, TAP TOE TO SIDE 1X, HOLD, KICK BALL CHANGE 2X**

- 1 – 4 Tap R Toe Fwd 2x, Tap R Toe To Side 1x, Hold  
5 & 6 R Kick Ball Change  
7 & 8 R Kick Ball Change

**COUNTS [17-24] CROSS STEP TURNING ¼, POINT TO SIDE, CROSS, POINT TO SIDE, JAZZ BOX, TOUCH**

- 1 – 2 Cross Step R Over L Turning ¼ R, Point L Toe To L Side (3:00)  
3 – 4 Cross Step L Over R, Point R Toe To R Side  
5 – 8 Step R Across L, Step L Back, Step R To R Side, Touch L Toe Next To R

**COUNTS [25-32] ROCK FWD, REC, SHUFFLE ½, SIDE ROCK, REC, BACK ROCK, REC**

- 1 – 2 Rock L Fwd, Rec R  
3 & 4 Shuffle L ½ Turn L (LRL) (9:00)  
5 – 6 Rock R To R Side, Rec L  
7 – 8 Rock R Back, Rec L

**End of Dance, Repeat**

**TAG: End of Wall 8, Facing 12:00, Repeat Counts 5-8 Of Section 4, Restart Dance From the Beginning**

**ENDING: Wall 12 Begins Facing 3:00, Dance the Following 17 Counts Below:**

**COUNTS [1-8] SIDE, TOUCH, SIDE, TOUCH, TURN ¼, KICK, SIDE, KICK**

- 1 – 4 Step R To R Side, Touch L Toe Next To R, Step L To L Side, Touch R Toe Next to L  
5 – 8 Step Back On R Turning ¼ L, Kick L Fwd, Step L To L Side, Kick R Fwd (12:00)

**COUNTS [9-16], 1 TAP TOE FWD 2X, TAP TOE TO SIDE, 1X, HOLD, KICK BALL CHANGE 2X, STEP FWD, POSE**

- 1 – 4 Tap R Toe Fwd 2x, Tap R Toe To R Side, 1x, Hold  
5 & 6, 7 & 8, 1 R Kick Ball Change 2x, Step Fwd On R, Pose and Smile

**Contact: [lynnsdancers@gmail.com](mailto:lynnsdancers@gmail.com)**

**Last Update – 4th Sept 2015**