

# I'm Strengthened In Him

**COPPER** **KNOB**  
BY STEPHENETS

Count: 80

Wand: 1

Ebene: Phrased High Beginner

Choreograf/in: Sally Hung (TW) - August 2015

Musik: I'm Strengthened In Him by Stream Of Praise



Sequence Of Dance: Tag1 AABB/ Tag1 Tag2 AABB/CC Tag3/ CC Tag2/ BBBB B3,B4, Tag2  
Intro: 16 Counts

## Tag 1 (16 counts)

### Person R:

- 1-8 Walk 180 degree anticlockwise crossing R over L, step L,R,L,R,L(facing 12:00 while walking), step R in place, step L beside R
- 9-16 Walk 180 degree clockwise on R-L-R-L-R-L(facing 12:00 while walking), step R in place, step L beside R

### Person L:

- 1-8 Walk 180 degree clockwise on R-L-R-L-R-L(facing 12:00 while walking), step R in place, step L
- 9-16 Walk 180 degree anticlockwise crossing R over L, step L,R,L,R,L(facing 12:00 while walking), step R in place, step L beside R

## Tag 2 (8 counts)

Marching on the spot with hands clapping, R-L-R-L-R-L-R-L

## Tag 3 (4 counts)

Marching on the spot RLRL

## SECTION A: ( 32 COUNTS)

### A1. WALK 3 STEPS FW, KICK, WALK 3 STEPS, KICK

- 1,2,3,4 Toward R corner stepping fwd on R-L-R, kick L
- 5,6,7,8 Toward L corner stepping fwd on L-R-L, kick R

### A2. SIDE KICK 4X

- 1,2,3,4 Step R to the R, kick L across R, step L to the L, kick R across L
- 5,6,7,8 Repeat above procedure

### A3. SIDE TOGETHER SIDE TOUCH 2X

- 1,2,3,4 Toward R diagonal back corner stepping back on R-L-R(facing 3:00), touch L next to R
- 5,6,7,8 Toward L diagonal back corner stepping back on L-R-L(facing 9:00), touch R next to L

### A4. REPEAT A2

## SECTION B: (32 COUNTS)

### B1. ¼ TURN L WALK BACK, ¼ TURN R SIDE TOGETHER, ¼ TURN R WALK BACK, ¼ TURN L SIDE TOGETHER

- 1,2,3,4 ¼ Turn L stepping back on R-L, ¼ turn R stepping R to R, step L beside R with hands clapping (shaking both forearms with fists while doing count 1,2,3)
- 5,6,7,8 ¼ turn R stepping back on L-R, ¼ turn L stepping L to L, step R next to L with hands clapping (shaking both forearms with fists while doing count 5,6,7)

### B2. SIDE TOUCH WITH HANDS CLAPPING 4X

- 1 .2.3.4 Step back on R with hands clapping, touch L next to R with hands clapping, step back on L with hands clapping, touch R next to L with hands clapping
- 5,6,7,8 Repeat 1,2,3,4

### **B3. STOMP-HOLD 4X**

1,2,3,4, Stomp R with R arm stretching out, hold, stomp L with L arm stretching out, hold 5,6,7,8  
Stomp R with R hand touching upper chest, hold, stomp L with L hand touching upper chest,  
hold

### **B4. MARCHING ON THE SPOT**

1,2,3,4 Marching on the spot R,L,R,L with both arms outside circling

5,6,7,8 Marching on the spot R,L,R,L shaking R upper forearm with fist (When doing 2nd time of B,  
the 5,6,7,8 of B4 hands movement will change to keep doing arms outside circling)

### **SECTION C ( 16 COUNTS)**

#### **C1. SIDE, DRAG, BACK ROCK, RECOVER, SIDE, DRAG, BACK ROCK, RECOVER**

1,2,3,4 Step R to R, drag L toward R, rock back on L, recover onto R

5,6,7,8 Step L to L, drag R toward L, rock back on R, recover onto L

#### **C2. WALK, HOLD, WALK, HOLD, ½ TURN L WALK, HOLD, WALK, HOLD**

1,2,3,4 Step R fwd, hold, step L fwd, hold

5,6,7,8 ½ turn L stepping R fwd, hold, step L fwd, hold

**Happy Dancing!**

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