

# The One

COPPER KNOB  
BY STEPHEN

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Judy Rodgers (USA) - July 2015

Musik: The One - Elton John



#32 count intro □□

**Cross turn ¼ turn ¼, sway sway sway, rock recover turn ¼, turn ½ turn ¼**

1&2 Cross L over R, turn ¼ left step R back, turn ¼ left step L fwd □□ 6:00

3&4 Sway R, sway L, sway R

5&6 Cross rock L over R, recover R, turn ¼ left step L fwd □□□ 3:00

7-8 Turn ½ left step R back, turn ¼ left step L to side □□□ 6:00

**Cross rock turn ¼, mambo step, sweep step (X2), sailor step turn ¼ R**

1&2 Cross rock R over L, recover L, turn ¼ right step R fwd □□□ 9:00

3&4 Rock L fwd, recover R, step L back

5-6 Sweep/step R back, sweep/step L back

7&8 Sweep/step R behind L, turn ¼ right step L to left side, step R to right side 12:00

**\*\* Restart here: Wall 4 Restarts 9:00, and Wall 8 Restarts 6:00 □□**

**Ball step, cross rock turn ¼, turn ½ turn ½, turn ¼ side rock cross, turn ¼ turn ¼ cross**

&1 Ball step L beside R, step R fwd

2&3 Cross rock L over R, recover R, turn ¼ left step L fwd □□□ 9:00

4-5 Turn ½ left step R back, turn ½ left step L fwd

6&7 Turn ¼ left rock R to right side, recover L, cross R over L □□□ 6:00

&8& Turn ¼ right step L back, turn ¼ right step R to side, cross L over R 12:00

**Big step drag, ball step cross turn ¼, coaster step, walk walk**

1-2 Step R big step to right side, drag L toward R

&3-4 Ball step L beside R, cross R over L, turn ¼ right step L back □□ 3:00

5&6 Step R back, step L beside R, step R fwd

7-8 Walk L fwd, walk R fwd

There are 2 Restarts, both after 16 counts.

Restarts:

Wall 4 begins facing 9:00.....dance the first 16 counts and Restart facing 9:00

Wall 8 begins facing 6:00.....dance the first 16 counts and Restart facing 6:00