

The "C" Word

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Brenna Stith (USA) - July 2015

Musik: The C Word - Laura Bell Bundy



#16 count intro

DIAGONAL STEP, STEP TOGETHER, BOUNCE HEELS X 2, DIAGONAL STEP, STEP TOGETHER, BOUNCE HEELS X 2

1 2 Step R to diagonal, Step L beside R
&3&4 Raise up on the ball of your feet, Return to your heels, Raise up on the ball of your feet, Return to your heels
5 6 Step L to diagonal, Step R beside L
&7&8 Raise up on the ball of your feet, Return to your heels, Raise up on the ball of your feet, Return to your heels

OUT, OUT, IN, IN, PIVOT ¼ TURN X2

1 2 3 4 Step R out to side, Step L out to side, Step R in, Step L in
5 6 7 8 Step fwd on R, Make a 1/4 turn placing weight onto L, Step fwd on R, Make a 1/4 turn placing weight onto L (Roll your hips with each pivot)

CROSSING SHUFFLE, SIDE ROCK RECOVER, CROSSING SHUFFLE, SIDE ROCK RECOVER

1 & 2 Cross R over L, Step L to side, Cross R over L
3 4 Rock L to side, Recover weight onto R
5 & 6 Cross L over R, Step R to side, Cross L over R
7 8 Rock R to side, Recover weight onto L

FWD HIP BUMPS X2, ¼ TURN JAZZ SQUARE

1 & 2 Step R fwd as you bump R hip to the diagonal, Bring hip back to center, Place weight onto R
3 & 4 Step L fwd as you bump L hip to the diagonal, Bring hip back to center, Place weight onto L
5 6 7 8 Cross R over L, Make a ¼ turn stepping L back, Step R to side, Cross L over R
