

Ex's and Oh's

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Amy Glass (USA) - February 2015

Musik: Ex's & Oh's - Elle King : (iTunes)



Dance starts on lyrics; 16 count intro. Restart: Wall 5 after 16 counts

[1-8] □ Triple Right, Rock Back, Rock Side, Rock Back

- 1&2 Step R to R side, L next to R, R to R
- 3-4 Rock L behind R, Recover weight on R
- 5-6 Rock L to L side, Recover weight on R
- 7-8 Rock L behind R, Recover weight on R

[9-16] □ Hinge ½ Turn R with a Cross, Syncopated Vine R with ¼ R, Pivot ½ R, Forward L

- 1-2-3 Turn ¼ R stepping back on L, ¼ R stepping side, Cross L over R (6:00)
- 4&5 Step R to R side, Step on ball of L foot crossed behind R, ¼ R stepping forward R (9:00)
- 6-7 Step forward L, Pivot ½ R (3:00)
- 8 Step forward L

[17-24] □ Toe Strut Forward x2, Out, Out (with Hip Pushes), In, In

- 1-2 Touch R toe forward, drop R heel, weighting R
- 3-4 Touch L toe forward, drop L heel, weighting L
- 5-6 Step R forward and out (pushing R hip as you do this), L forward and out (pushing L hip)
- 7-8 Step back on R, step L next to R

[25-32] □ Toe Strut Back x2, Side Rock, Cross Rock

- 1-2 Touch R toe back, drop R heel, weighting R
- 3-4 Touch L toe back, drop L heel, weighting L
- 5-6 Rock R to R side, recover weight on L
- 7-8 Cross rock R over L, recover weight on L

Ending: (Wall 15) Start the dance facing the back wall and the dance will end on count 13, stepping the R foot to the R side facing the front wall.
